

National School Breakfast Week March 5-9

I  SCHOOL BREAKFAST



March 5-9, 2018 #NSBW18 #schoolbreakfast

Studies show that kids who eat breakfast...

- * Feel better and have more energy
- * Are alert and pay attention
- * Have better memory
- * Do better in school!



Did you know? Your child has access to school's breakfasts for only a \$1.25! Breakfasts always include **fresh fruit**, **whole grain rich foods**, and **milk varieties** daily! That means on busy mornings, you don't have to worry about feeding your child a nutritious and delicious breakfast—we got you covered!



Poudre School District is celebrating National School Breakfast Week with

'Bring Your Parent to Breakfast Day'

IN THE **CAFÉ**

Join us March 9th for Pancakes and Sausage in your school's **CAFÉ**.
(FREE For Parents!)

Please RSVP by submitting this tear-off form to your student's **CAFÉ**.



Yes, I _____ will be joining _____ for breakfast on March 9th.
(please print your name) (please print student's name)