



May 2023

Pirate Pages

May Newsletter

Cache La Poudre Elementary School

3511 W. Cty. Rd. 54G
LaPorte, CO 80535

Principal
Landus Boucher

Vice Principal
Colleen Worman

General Information

Office Hours

7:15am - 3:15pm

Phone Numbers

Office 488-7600

Fax 488-7676

**If your child is ill or will
not be at school, please
leave a message on the
Attendance line.*

School Hours

7:50am - 2:35pm

Supervision begins at
7:45am

Preschool

7:40am - 2:35pm

Website

<https://cpe.pedschools.org>



Monday, May 1	All Library Books due this week! Science Matters Modern Band	2:35-3:35pm 2:35-3:45pm
Tuesday, May 2	Ukulele Club Ukulele and Modern Band Program	2:35-3:45pm 6:00pm
Thursday, 4	Young Rembrandts 2 nd Grade Program 5 th Grade Program District Track Meet-French Field	2:35-3:35 5:45pm 6:30pm 5:30pm 4 th grade 6:15pm 5 th grade
Saturday, May 6	District Track Meet-French Field	8-10 am-4 th grade 10-12am 5 th grade
Monday, May 8	Science Matters	2:35-3:35pm
Tuesday, May 9	Teacher Appreciation Day	
Thursday, May 11	2 nd grade Field Trip Young Rembrandts	9:30-1:30pm 2:35-3:35pm
Monday, May 15	No School	
Thursday, May 18	Young Rembrandts Student Led Conferences	2:35-3:35pm 3:00-6:00pm

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May Newsletter

continued

Monday, May 22	Science Matters	2:35-3:35pm
Wednesday, May 24	Field Day	
Thursday, May 25	Young Rembrandts	2:35-3:35pm
Friday, May 26	Last day of school -1/2 day Release at 11:25	

From the Principal

The end of the year is just around the corner. May is filled with opportunities for reflection and celebration. We hope you will join us for our student-led conferences where you can reflect with your child on the growth they made this year. Another fun event to support your child's participation in the coming weeks is the read-a-thon our PTO puts together to foster a love of reading. We hope all our students will finish the year strong as we tie things up for the 22-23 school year and begin planning for the 23-24 year.



It does not seem possible that another school year has come and almost gone. I hope your children have enjoyed the year and grown in many areas. It has certainly been another year with many memories. I want to thank every student, parent, and staff member for making this year one where we counted on each other and supported one another in this strong and caring community.

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**We understand the stress
of caring for a sick child.**

Our providers are here to help get
your family on the fast track to healthy.



The Youth Clinic
caring for our future generations



**Pediatric
Urgent Care**
OF NORTHERN COLORADO



From the Principal*continued*

There are so many wonderful things that happen in this school daily, and I am so proud to be a part of the CLPE family. We can feel a sense of pride in that we have maintained a caring community that makes CLPE an extraordinary place to learn.

Through the year I have had many opportunities to see our students achieve a variety of goals. I have had the chance to see the staff and community come together and make decisions based on what is the very best we can do for our students. CLPE is a place where we truly care about one another and will go above and beyond to be the best small school we can. During the next school year, we will continue our important work as we ground ourselves in the strong sense of community. We will strive to set and meet goals with our students and to celebrate the many ways our students demonstrate growth.

I hope everyone has a relaxing and fun-filled summer break. I hope your children can read some great books and have experiences that will spark curiosity and excitement about the way the world works. I look forward to hearing about summer adventures and seeing you all in August!



Landus



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IB Coordinator

Hi Families,

It's hard to believe that this is our last newsletter for the year! This time of the school year, we tend to get reflective and look back at the things we've accomplished and experienced together. Being reflective is one of our Learner Profiles and helps us look both backwards and forwards. I hope that you can spend some time with your child looking back at the school year and all the growth that has taken place.

Coming up on the evening of May 18th will be our end of year student-led conferences. If you are new to CLPE or just need a refresher, student-led conferences are a hallmark of IB schools. Because we emphasize student agency, we feel that putting students in charge of their own conferences helps them showcase their learning and speak to what has been most meaningful to them over the school year.

The student-led conference is just what it sounds like: student led. Your child will share a portfolio of some of his/her personal-best work documenting their progress over the school year. This work will range from social studies, science, literacy, math and specials. It may include reflections of their progress within the Learner Profile as well. Your child's teacher will be present and available during the conferences for any questions you may have, but because they are not leading the conference they will act more as a "guide on the side" as your child shares their growth with you.

As your child shares his/her work samples, we ask you to look for opportunities to make encouraging comments, note growth, discuss your child's goals and make a plan together for the summer and next school year to reach these goals.

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We are here for your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
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IB Coordinator

continued

Conferences will be held in your child's classroom on a drop-in schedule to accommodate varying schedules. Please feel free to come in between 3:00-6:00 pm to celebrate your child's progress.

Kindly,
Mandy Parton
Media Specialist
IB Coordinator

LIBRARY

The CLPE Library will be wrapping up our book checkout. All books will be due back to the library by May 12, 2023. Students and staff will be able to look at books and read them in the library while volunteers and I will be conducting inventory. Notes are being sent home to help those who have misplaced library books and can be reminded about the title. Thank you for looking for our library books so that we can make sure to keep them on our shelves for others to read.



Remember, at the end of the school year, all lost books will be added to students' school pay account to be replaced. It is much easier for our library to have books returned than to have to order books for replacement. I appreciate everyone with lost books looking hard and finding our library books.

A big thank you to my volunteers in the library. It is reassuring to know the books are in their proper place for inventory and ready for next year!

Reach Parents in Larimer County through our mobile-ready newsletters

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PTO EVENTS & ACTIVITIES

Read-a-thon: May 1-12

Flyers with reading time trackers went home last week for students to track their minutes read each day. Please encourage kids to read daily and report hours to their teachers to earn treats along their path to class goals. If all classes combined read 1,330 hours or more, the PTO will host an in-school **GLOW PARTY** May 19!

Teacher & Staff Appreciation Week: May 8-12

Help us celebrate ALL the amazing teachers and staff at CLPE!

Flyers are coming home with simple ideas for kids to show their appreciation. Also look for the email with the full flyer—or use these QR codes—to see how families can contribute to planned activities and treats...from chalking the walk with notes/drawings of gratitude to donating snacks or gift basket items



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Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

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970.420.7163



PTO EVENTS & ACTIVITIES

*continued***Volunteers needed for Secret Garden Cleanup: Tuesday, May 16**

Time for spring cleaning! Please join us with your gloves, rakes and shovels from 10am–noon.

Sign up at bit.ly/3NfqYD4.

Free Family Tech Talk:

Wednesday, May 17 at 7pm via Zoom

Roblox, Minecraft, TikTok, YouTube, texting—technology is changing fast, and many of us struggle to stay ahead of our kids. Please join us on **Wednesday, May 17 at 7pm via Zoom** for an expert presentation with Q&A to learn the risks kids face online and internet safety tips. They'll also cover privacy and security issues, how to manage screen time, and more. **SAVE THE DATE – Zoom link to be announced in separate email.**

**Next PTO Meeting: Tuesday, May 23, 8am, CLPE Room 150 (or virtually)**

Happening one week earlier than usual—during the last week of school—help wrap up the year and

Office Notes**Medication pickup**

As the school year winds down, please remember that any medication left over at the end of the year will need to be picked up by a parent or guardian. We will not send any medication home with a student. Medicines that are left at the end of the school year will be disposed of by the school nurse.



For next year, if you know your student will need medication at school, authorization forms are available on the PSD website. Go to the Poudre School District website, click on the Parent tab, then to Health Services and scroll down for the appropriate form. New forms must be submitted every year. Any

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Office Notes

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prescription or over-the-counter medicines require an authorization form. As always, these forms are available in the office until the end of this school year and on the CLPE website. Please call 488-7600 with any questions.

Immunizations

Non-medical immunization exemption forms must be submitted yearly. Forms are located on the Colorado Department of Health and Environment website.

Student's going into 6th grade will need a **Tdap** immunization. If your child receives this before the end of the school year, bring in proof of immunization and we will record it in the student information system.

Clothing for Health Office

If you find your children are ever growing out of their clothing and want to donate the clothes that they have outgrown, we certainly can use some pants for next year.

We need smaller sizes, 4-6 and 6-8 (leggings or sweatpants work the best).



Moving?

If you are moving and your child will not be here next year, please let us know. Our records department will forward permanent records to your child's new school.

If you move over the summer but are still in the district, please contact the school in August. We will be back in the office August 1st.

Yearbooks

We have some amazing artists in our school that submitted entries for the yearbook front and back covers. After counting the votes, our yearbook cover winners are Kylie E. (front cover) and Acacia (back cover). All yearbook artwork entries will be in the yearbook on a page in the back. Yearbooks will be handed out on the 25th. If your student ordered a yearbook and will not be here on the that day, please call and we will get the yearbook for you sooner. Forgot to order a yearbook? They can still be ordered throughout the summer and orders will be processed after July 1, 2022, and it will be mailed directly to you at a cost of \$22. Order at www.yearbookmarket.com and enter Cache La Poudre Elementary.

Lost and Found

Please check the lost and found before the last day of school if you are missing any items. Any items left after May 26 will be donated to charity.

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Office Notes*continued***Last Day of School**

Our last day is May 26 with dismissal at 11:25. Breakfast will be served, but not lunch. The school buses will drop students at their bus stop 3 ½ hours earlier than on a regular day so you can calculate that depending on what time your student is usually dropped off.

Our building will be closed after school is out. If you left something in the building, please call the office to make arrangements for pick up. We will be in the building until June 2, but hours may vary. It is best to call before coming to the building. We cannot guarantee items left will still be here at the beginning of August when we return.

Meals for next year

Child Nutrition will send out an abundance of information about meals for next year. In short, Colorado students will get one free breakfast and one free lunch each day. Child Nutrition is encouraging parents to complete the Free & Reduced application to help them with school fees and community fees that are reduced if needed. The Poudre School District website will also have updated information under School Meals as we get closer to the start of the 23-24 school year.

Transportation for next year

Transportation Services will accept requests beginning April 17th, 2023, for the 2023-2024 school year.

The Transportation Services portal will remain open throughout the Summer and 2023-24 school year. The request process will close for existing students for a short period between July 15th and August 13.

State law does not allow students to ride a bus until their request is approved and the student is assigned to a specific bus route.

All bus eligible requests prior to July 15th will be assigned busing for the start of school. Families will receive bus assignment information approximately one week before the start of school.

Requests submitted after July 15th may not be ready at the beginning of the school year. Families will be notified of busing as we are able to place their students on routes throughout the school year.

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Office Notes

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Students that do not ride their assigned bus for two consecutive weeks may be removed from the bus route to make space for other eligible students. Access transportation through ParentVue on the PSD Forms and Applications tab.

For questions, email the [Transportation department](#).

Ukulele Club

Our first Ukulele Club kicked off in March with 35 students in K-2. Mrs. Flail had some assistance for such a large group with volunteers Karen Duncan and Cynthia Bigelow. We appreciate their help. After weeks of practice, they will perform for families at 6:00pm, Tuesday, May 2nd in the gym.



Pokemon Club

Pokemon Club was a huge success! Lots of trading, playing and math strategy involved! Thanks to Mr. Jones, Mr. McCraw and Mrs. Bannister for making this after school club such a big success!



Modern Band

3rd through 5th grades participated in Modern Band this spring! They will perform on May 2nd at 6:00pm in the gym with the Ukulele Club.



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From the 5th Grade teachers:

We have really enjoyed teaching your amazing children this year! Below find some free summer packets for students entering 6th grade to retain skills and avoid summer slide.

<https://stms.org/wp-content/uploads/2021/06/6th-Grade-Summer-Packet-2021.pdf>

Have a great summer!

Mr. Mosley

Mrs. Pfeiffer

Mental Health Corner

May 2023

Tips for shifting into summer break mode

Transitioning from school to summer has its challenges. Here's how to shift gears as summer approaches.

As the school year draws to a close, you and your child may be looking forward to summer break as a well-deserved reprieve. The challenge lies in shifting gears from a known routine to a new, possibly less-structured schedule that may change as often as every week, depending on the summer plans you've made for your child. Read on for practical tips for making a smooth transition to summer. There are also a few parenting strategies collected from *The Whole Brain Child Workbook*.

1. Revamp — but don't eliminate — your child's daily routine. A daily routine gives most kids a sense of structure and security. While certain tasks (such as doing homework) can be dropped during the summer, new ones (like packing for daily swim lessons) can be added.
2. Post the family's summer schedule where everyone can see it. Mark activities (day camps, vacations, your teenager's work schedule, etc.) on a "family size" calendar posted in a central location and invite your child to contribute. Together, you can determine key dates (e.g., community pool opens for recreational swim, July Fourth barbeque, etc.) and your child can mark them on the calendar.
3. Ask other people (spouse, family members, and neighbors) for help shuttling kids to activities and supervising them on their "days off." See if you can trade carpooling/kid-watching duties with other parents.
4. Involve your child when preparing for family trips and activities. Depending on their age, your child can help map out driving routes or make a list of the clothing and gear the family will need.
5. Try and get your child outside and limit screen time whenever possible. Generally, children ages 5-17 should not have more than 2 hours of screen time a day. On average, children ages 8-12 in the United States spend 4-6 hours a day watching or using screens, and teens spend up to 9 hours. While screens can entertain, teach, and keep children occupied, too much use may lead to problems.

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Head: Save a life: Attend April 29 suicide prevention training

Did you know that suicide is preventable and that talking to someone about it won't trigger the act? Or that you can practice having these incredibly difficult but life-saving conversations?

Parents/guardians and community members are invited to attend one of three QPR (question, persuade, and refer) training sessions on Saturday, April 29. Register for the training by clicking on a link to this form: forms.gle/apdCkYr5tzCApEf6.

- 9 to 10:30 a.m. at Fossil Ridge High School, 5400 Ziegler Road, in Fort Collins
- 11:15 a.m. to 12:45 p.m. at Poudre Valley Hospital, 1024 S. Lemay Ave., in Fort Collins
- 1:30 to 3 p.m. at Rocky Mountain High School, 1300 W. Swallow Road, in Fort Collins

QPR training is about three simple steps anyone can learn to help save a life from suicide. These sessions are made possible through a partnership between The Alliance for Suicide Prevention and Leadership Fort Collins, which is associated with the Fort Collins Area Chamber of Commerce.

Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

A cohort of the 2022-2023 Leadership Fort Collins class (Cindy Crosby, Nick Armstrong, Travis Trottier, Andrea Coy, and Dr. Erika Michalski) recognized PSD's efforts to address mental health concerns among our youth and wanted to provide support. They partnered with the Alliance for Suicide Prevention of Larimer County to offer a collection of QPR trainings for parents and community members seeking practical tools they can use if they encounter someone in crisis.

PSD is thankful for its many community partners that work to support our students and staff.

Myth: Talking to or asking someone if they are having suicidal thoughts may trigger the act.

Fact: Asking at-risk individuals if they are suicidal can help lower anxiety, open up communication, and lower the risk of an impulsive act. Talking with



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Head: Save a life: Attend April 29 suicide prevention training*continued*

the person can help you to determine whether or not s/he is seriously considering suicide.

Myth: A person who talks about attempting suicide rarely follows through. He is probably just trying to get attention.

Fact: Two-thirds talked about their intentions before attempting suicide. They are not crying wolf just to get attention. They are reaching out for help because they are experiencing overwhelming emotional pain. All suicidal statements should raise red flags, even if the person jokes about it. If someone you know has mentioned the desire to die by suicide, take him/her seriously and act immediately.

Myth: There is really nothing you can do to help someone who is truly suicidal.

Fact: Most people who are suicidal do not want to die. They are in psychological pain, and they want to stop the pain. Many people who are suicidal do reach out for help. More than half the victims of suicide seek medical attention in the months leading up to their death.

Myth: People who threaten suicide are just seeking attention.

Fact: All suicide attempts must be treated as though the person has the intent to die.

Do not dismiss a suicide attempt as simply being an attention-gaining device. If the person is saying this to get attention, this attention is likely needed. The attention they get may well save their lives.

**IT'S REALLY
NOT A BIG DEAL.**

UNTIL IT IS.

**JOIN US TO LEARN HOW TO
PREVENT SUICIDE.**

**IT'S EASY AND FREE TO
LEARN HOW TO SAVE A LIFE.**

APRIL 29

3 OPTIONS FOR TRAINING:

**9:00 AM - 10:30 AM
@ FOSSIL RIDGE HS**

**11:15 AM - 12:45 PM
@ POUDRE VALLEY HOSPITAL**

**1:30 PM - 3:00 PM
@ ROCKY MOUNTAIN HS**

VISIT
ALLIANCEFORSUICIDE
PREVENTION.ORG
OR SCAN THIS QR CODE
TO RSVP:



Interested but can't attend? Visit
AllianceForSuicidePrevention.org for future training opportunities.



Alliance for
SUICIDE PREVENTION
of Larimer County



If you or your children have health insurance through [Health First Colorado](#) (Medicaid) or [Child Health Plan Plus \(CHP+\)](#), **there are important steps to take now that the public health emergency is ending.** Medicaid renewals were paused due to COVID, but they're back.

1. To ensure you receive critical mail, update your contact information by:
 - Visiting [Colorado.gov/PEAK](https://colorado.gov/PEAK)
 - Use the [Health First Colorado app](#) on your phone. This free app is for Health First Colorado and CHP+ members.
 - Health First members can call 800-221-3943
 - CHP+ members can call 800-359-1991 (State Relay: [711](#))
2. Be on the lookout for a renewal letter in the mail from [Health First Colorado](#) or [Child Health Plan Plus \(CHP+\)](#). This renewal letter will tell you one of three things:
 - Your Health First Colorado or CHP+ coverage is being renewed, or
 - Your Health First Colorado or CHP+ coverage is ending or
 - They need more information to determine if you or your family member still qualify for Medicaid or CHP. If so, a renewal form will be included.
3. Families should make sure to check the mail, fill out a renewal form if they receive one – which could happen at some point this year or early next year – and return it ASAP to avoid losing Health First Colorado or CHP+ coverage.



LaPorte Church

FOOD PANTRY

3820 West CR. 54G
LaPorte, CO

Grand Opening June 14

2nd Wednesdays 11am - 1pm

4th Wednesdays 3pm - 5pm



Iglesia LaPorte

Dispensa de Comida

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Gran inauguracion el 14 de junio

Miércoles segundo de la mes 11-1

Miércoles cuarto de la mes 3-5



THE LUNCH LAB

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31 de mayo al 9 de agosto



Laporte Presbyterian Church

miércoles 11:00-11:30am



LO QUE NECESITAS SABER



- Niños menores de 18 años reciben 1 almuerzo gratis por visita.
- Los niños deben quedarse a comer el almuerzo en el lugar.
- No se necesita identificación o registrarse.
- Todos los sitios estarán cerrados el 4 de julio.
- Para más información, por favor visite thelunchlab.org o envíe un mensaje con la palabra **COMIDA** al 304-304.

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