



February 2022

Pirate Pages

Cache La Poudre Elementary School

3511 W. Cty. Rd. 54G
LaPorte, CO 80535

Principal
Landus Boucher

Vice Principal
Colleen Worman

General Information

Office Hours
7:30am - 3:30pm

Phone Numbers
Office 488-7600
Fax 488-7676
Attendance Line
490-3070

**If your child is ill or will not be at school, please leave a message on the Attendance line.*

School Hours
8:10am - 2:55pm
Supervision begins at
7:55am

Preschool
8:10am - 2:55pm

Website
<https://cpe.psdschools.org>



February Calendar

Tue 1	Schools on the Move begins	Fill out your calendar!
Tue 1	Lego Stem Class	3:00-4:25
Wed 2	Chess Wizards	3:00-4:00
Thu 3	Young Rembrandts	3:00-4:00
Mon 7	Science Matters	3:00-4:00
Tue 8	Lego Stem Class	3:00-4:25
Wed 9	Chess Wizards	3:00-4:00
Thu 10	Young Rembrandts	3:00-4:00
Mon 14	Science Matters	3:00-4:00
Tue 15	Lego Stem Class	3:00-4:25
Wed 16	Chess Wizards	3:00-4:00
Thu 17	Young Rembrandts	3:00-4:00
Mon 21	No School K-12	
Tue 22	Lego Stem Class	3:00-4:25
Wed 23	Chess Wizards	3:00-4:00
Thu 24	Young Rembrandts	3:00-4:00
Mon 28	Science Matters	3:00-4:00



TIME WELL SPENT

Your child's Well Care Visits help us address the following:



Diet & Nutrition



Chronic Health Issues



Parental Concerns



Growth, Development & More



[Click Here to Self-Schedule Your Child's Well Care Visit Today!](#)

SELLER'S MARKET Call today!



Joe Mivshek
970.420.7163
joe.mivshek@km.com



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From the Principal

Pirates,

February is a short and busy month for students. We are now past the halfway mark of the school year. We are fast approaching the 100th day of school. Look for your teacher's guidance for how they will organize Valentine's Day activities. This month we also start our Schools on the Move school-wide challenge. This is a great program that motivates students and staff to embrace healthy habits. Please be on the lookout for more detailed information.

With your help as a parent, I want to challenge our students to take an active role in their education. Talk with your child about the importance of participating in the activities in class. Encourage your child to raise their hand and ask a question. Remind them there is no shame in saying, "I don't understand. Could you go over that again?" This gives teachers important information and indicates that your child is engaged. Teachers use feedback to decide if they need to slow down, to start over, to try a different approach, or to move ahead. Also, remember our children are always watching what we do and how we handle situations. We are a model of behavior that our children learn from. Make sure your child is at school and on time every day. Help them understand the importance of preparation and punctuality.

February should be a great month for Cache La Poudre Elementary School. Watching your children grow with the guidance of the fantastic teachers at CLPE is truly a pleasure each day. While visiting classrooms, I witness children who are engaged and excited about their learning. Each morning your child enters CLPE with the desire to be a little smarter by the end of the day. I would like to extend a "heart felt" thank you for all you do to support your children and for giving us the honor of inquiring with them!

Be well, keep growing, and stay pirate strong!

Landus

We are here for your child's health!

Schedule your school or sport physical today!

We have the COVID vaccine for your entire family.



Salud Family Health Centers (303) 697-2583
(303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS, CO

OUR CARE IS DINO-MITE!

MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org



The Women's Clinic of Northern Colorado

Schedule Your Appointment Today!



TALKING TO SOMEONE CAN HELP.

OUT OF SORTS THESE DAYS?

970-221-5551
24/7 | NO COST



5 fruits and vegetables

2 hours or less of screen time

1 hour or more of physical activity

0 sugary drinks

+ 9 or more hours of sleep

EVERY DAY!

The 5210 Challenge is On!

During the month of February, all CLPE students will have the opportunity to participate in the 5210 Challenge. Each student will track their daily healthy habits relating to diet, sleep, activity, and screen time. Students who meet their goals will earn a T-shirt. Log sheets will be distributed the last week of January, and The Challenge kicks off February 1.

Log sheets will be submitted online this year, same as last year. Please follow the directions on your student’s log sheet for submission instructions.

If you have any questions, contact Mr. Haas: jeromeh@psdschools.org

the LINCOLN center



FEB 12 | 2 & 6 PM

**THE QUEEN'S
CARTOONISTS**

REG \$15

FEB 26 | 2 & 6 PM

**CHOIR! CHOIR!
CHOIR!**

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Auxiliary aids and services are available for persons with disabilities.



Connections Collaborative Learning Event

Thursday, February 17th, 2022
4:00-7:30 PM



Join Poudre School District (PSD) Integrated Services Specialists, Parents, and Community Experts for a virtual learning event to learn about supporting students with disabilities.

The following three sessions will be offered with various topics to choose from:

Opening Session

4:00 – 4:30

Session 1

4:30 – 5:25

Session 2

5:30 – 6:25

Session 3

6:30 – 7:25

Session 1

- The Role of Multi-dimensional Language System in Literacy Development
- Developing Early Numeracy
- Curricular Adaptations & Modifications That Work
- Parent/Caregiver Community Resources
- Creating Successful Inclusion for All!
- Behavior Basics: Unraveling the Code
- Student Led IEPs
- IEP Development: The Golden Thread

Session 2

- Dyslexia
- The Role of Multidimensional Language System in Literacy Development
- Math Skills for Secondary Students
- Making Accommodations & Modifications Work
- Understanding the Brain, Student Behavior, & Mental Health
- Conflict Resolution: Strategies that Resolve Conflict & Build Trust

Session 3

- Dyslexia
- Parent/Caregiver Community Resources
- Creating Successful Inclusion for All!
- Student Led IEPs
- Conflict Resolution: Strategies that Resolve Conflict & Build Trust
- Behavior Basics: Unraveling the Code
- Fetal Alcohol Spectrum Disorders (FASD) – The Hidden Disability
- Curricular Adaptations & Modifications That Work
- IEP Development: The Golden Thread

Director/Assistant Director Sessions

4:30 – 6:30

Join the Director/Assistant Directors of Integrated Services for a 10-minute one-on-one Session between 4:30 and 6:30. Register on the website to secure your spot. There will also be a waiting list.



Register for the Event Here:

isconnections.psdschools.org

Questions?

Heidi Graber, Parent Liaison
970.490.3225 | hgraber@psdschools.org



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OF LEARNING
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Colorado

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Flag Football

**Early April
to Late May
Ages 6-17**

GridironFB.com

GET A LIBRARY CARD

... and get access to
FREE learning tools
and **eResources!**



**POUDRE RIVER
PUBLIC LIBRARY**
DISTRICT
poudrelibraries.org/borrow

District Advisory Board

- Did you know that state law now requires students to meet certain criteria demonstrating either college or career readiness in order to graduate high school? PSD has developed their “Future Ready” program: www.PSDFutureReady.org to help students be ready to hit the ground running after graduation.

It may seem soon to start thinking about this in elementary school, but here are some highlights of what opportunities lie ahead for our students in Middle and High school:

- Starting in middle school, students will interact with xello- a program to help them determine their interests and strengths, and make academic choices based on that.
 - The PSD Future’s Lab (moving to Timnath HS soon) provides a space for High School students to gain experiential learning and earn professional certifications . There is transportation available from all schools to the lab.
 - PSD partners with many local businesses to provide High School students with internships and mentorships
 - There are many opportunities for HS students to take college level courses and earn college credits including: College courses taught by HS teachers in the HS, free tuition and transportation to Front Range, the Ascent program where a student can qualify to be a 5th year senior at PSD, and attend Front Range that entire year for free.
- The District Accountability Board Diversity Equity and Inclusion committee will be hosting a virtual district wide book study in the spring. The book will be *Stamped* by Ibram X. Kendi and Jason Reynolds, more details to follow, but check out the book now if think you might be interested in participating.

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



PTO

PTO MEETING THIS WEEK

Please join us for February's PTO meeting **this Thursday, February 3 at 8:30am via Zoom:**

<https://us06web.zoom.us/j/81865436824?pwd=TTVITnBMc1RWYUpra1NXWklyL2NkQT09>

Zoom Meeting ID: 818 6543 6824

Passcode: 773707

One tap mobile

+16699006833,,81865436824#,,,,*773707# US (San Jose)

+12532158782,,81865436824#,,,,*773707# US (Tacoma)

Meeting info and upcoming events are also posted to the PTO site at clpe.ptboard.com.

NEWS

- To help spread some love, the PTO approved a Valentine/Grandparent postcard program in place of hosting a grandparent day at school. Each student will receive two postcards with stamps to customize and mail to loved ones with their guardian's help. Look for supplies and instructions (see image at right) to come home.
- The PTO also approved supporting a "Literacy through Prose and Poetry" enrichment opportunity for fourth graders where graduate students from the CSU Department of English "will visit and inspire students to develop literacy and socio-emotional learning through fun reading and writing poetry games."



PTO MEETING THIS WEEK

continued

- Student/parent Directories: The PTO worked with the school to set up and send directories again this year to help parents/guardians connect with other classmates and their parents to arrange play dates, parties, etc. Due to limited participation, the PTO decided to distribute the file electronically only for now. If you would like your students' information included, please email PTOclpe@gmail.com with the information to list along with their teacher's name **by Friday, Feb. 11.**

UPCOMING EVENTS

- **Virtual Family Night: Wednesday, March 2, 6–7pm**
This evening event's purpose is to build community spirit and engage participants of all ages with interactive games, challenges and trivia! Details will be sent via email and flyers.
- **Book Fair: March 3–11**
Look for emails and flyers this month and next for details including volunteer opportunities, setting up e-wallets and more!

JOIN PTO!

We always welcome any parents/guardians that want to be involved in supporting CLPE with educational enrichment, equipment, teacher appreciation, community events and more. If you cannot attend meetings, but would still like to receive PTO emails and participate in voting, fundraising and events, please email your name and email address to: PTOclpe@gmail.com.



FROM MANDY PARTON, CLPE IB COORDINATOR

MAKING THE ENHANCED PYP SIMPLE

THE KEY CONCEPTS

THESE SUPPORT HIGHER-ORDER THINKING AND PROVIDE LENSES FOR CONSIDERING KNOWLEDGE RELATED TO THE CENTRAL IDEA IN A RANGE OF WAYS

FORM

What is it like?

FUNCTION

How does it work?

CAUSATION

Why is it as it is?

CHANGE

How is it transforming?

CONNECTION

How is it linked to other things?

PERSPECTIVE

What are the points of view?

RESPONSIBILITY

What are our obligations?

APPROACHES TO LEARNING

SOCIAL SKILLS

- Developing positive interpersonal relationships and collaboration skills
- Developing social-emotional intelligence

RESEARCH SKILLS

- Information-literacy skills
- Media-literacy skills
- Ethical use of media/information

THINKING SKILLS

- Critical-thinking skills
- Creative-thinking skills
- Transfer skills
- Reflection/metacognitive skills

COMMUNICATION SKILLS

- Exchanging-information skills
- Literacy skills
- ICT skills

SELF-MANAGEMENT SKILLS

- Organization skills
- States of mind

KNOWLEDGE AGENCY

TRANSDISCIPLINARY THEMES

Who We Are

Where We Are in Place and Time

How We Express Ourselves

How the World Works

How We Organise Ourselves

Sharing the Planet

AGENCY

PYP LEARNERS....

- ARE ACTIVELY ENGAGED IN VARIOUS STAGES OF LEARNING, INCLUDING THINKING ABOVE, PLANNING, MODIFYING AND CREATING
- ARE ACTIVELY INVOLVED IN RESEARCHING, QUESTIONING AND BY BEING SELF-DIRECTED IN THEIR CREATING (AS OPPOSED TO PASSIVELY RECEIVING)
- APPLY THEIR UNDERSTANDING OF CONCEPTS THROUGH THE CONSTRUCTION OF THEIR PROJECTS/PLAY
- MAKE CONNECTIONS TO THE REAL WORLD BY TAKING PAST EXPERIENCES INTO THEIR PLAY WORLDS
- HAVE AN ACTIVE VOICE AND TAKE IN THE CLASSROOM/COMMUNITY
- FACE CHALLENGES AND ARE GIVEN THE FREEDOM TO INDEPENDENTLY OVERCOME THESE OR FAIL THROUGH TRIAL AND ERROR ON EXPERIMENTATION
- ARE RISK-TAKERS
- EXPRESS THEIR THEORIES OF THE WORLD AND THESE ARE HONOURED IN THE ENVIRONMENT
- REFLECT ON THEIR ACTIONS AND SELF-REGULATE

VOICE

- students question, guide and direct learning
- students propose and initiate action
- students participate in decision making

CHOICE

- students co-construct learning goals
- students engage with multiple perspectives

OWNERSHIP

- students define own learning goals
- students reflect on own learning goals
- student ideas are supported throughout planning and taking action.

LEARNER PROFILE ATTRIBUTES

- INQUIRERS
- KNOWLEDGEABLE
- THINKERS
- COMMUNICATORS
- PRINCIPLED
- OPEN-MINDED
- CARING
- RISK-TAKERS
- BALANCED
- REFLECTIVE

APPROACHES TO TEACHING

- ★ BASED ON INQUIRY
- ★ FOCUSED ON CONCEPTUAL UNDERSTANDING
- ★ DEVELOPED IN LOCAL AND GLOBAL CONTEXTS
- ★ FOCUSED ON EFFECTIVE TEAMWORK AND COLLABORATION
- ★ DIFFERENTIATED TO MEET THE NEEDS OF ALL LEARNERS
- ★ INFORMED BY FORMATIVE AND SUMMATIVE ASSESSMENT

Central Idea

THE PRIMARY CONCEPTUAL LENS THAT FRAMES THE TRANSDISCIPLINARY UNIT OF INQUIRY AND SUPPORTS STUDENTS' CONCEPTUAL UNDERSTANDING OF THE TRANSDISCIPLINARY THEMES UNDER WHICH IT IS SITUATED

Lines of Inquiry

STATEMENTS THAT DEFINE THE POTENTIAL SCOPE OF AN INQUIRY

THE LEARNER	LEARNING AND TEACHING	THE LEARNING COMMUNITY
AGENCY	TRANSDISCIPLINARY LEARNING	COMMUNITY OF LEARNERS
EARLY LEARNER	APPROACHES TO LEARNING	INTERNATIONAL MEMBERSHIP
LEARNER PROFILE	INQUIRY	LEADERSHIP
ACTION	CONCEPTS	COLLABORATION
THE EXHIBITION	DEVELOPING A PROGRAMME OF INQUIRY	LEARNING ENVIRONMENTS
	ASSESSMENT	TECHNOLOGY
	LANGUAGE	

Action

PARTICIPATION
contributing as individual or group

ADVOCACY
action to support social/ environmental / political change

SOCIAL JUSTICE
relation to rights, equality and equity, social well-being and justice

SOCIAL ENTREPRENEURSHIP
innovative, resourceful and sustainable social change

LIFESTYLE CHOICES
eg. consumption, impact of choices

USE LESS PAPER

ALWAYS FINISH YOUR FOOD

SWITCH OFF THE LIGHTS WHEN LEAVING THE ROOM

PLEASE REUSE ONE HELP TOPPER

@chrisgadbury More free resources at MagicStorybooks.com

All fonts, graphics and illustrations by Chris Gadbury
 Information comes from the Primary Years Programme
<http://www.ibo.org> and <http://mtparton.com/ibocollaboration/>

Music Class Updates

We continue to experience music in various ways this year. We have been playing guitars, ukuleles, and keyboards quite a bit. We limit our singing to short periods of time, to avoid unnecessary risk and/or quarantines. We will be exploring music from various cultures this spring, including music related to Black History Month in February and Asian American and Pacific Islander Heritage Month in May.



Grade Level Program Performances

We are working on a plan to have each grade level perform a very short program (around 15 minutes or less) in our CLPE gym during April and May. We have reserved several dates and will communicate specific grade level dates and times shortly, but we intend to have two grade levels perform each of the evenings we have reserved. The three dates are April 7, April 21, and May 5. Of course, we will need to be flexible in case the COVID situation worsens.

Only fifth grade will present a longer program, as they will present a Showcase with a few combined songs and then solo or small group acts. I will discuss this with fifth graders in music class, and information will be sent home regarding auditions for solo and small group acts. All fifth graders will perform in the full group songs; auditioning to perform solo or in a small group is optional.

Clubs (RiverSong Choir and Modern Band)

Because we have been careful not to combine various grade levels, and because we need to limit the length of singing activities, we will not be having choir or modern band this year. We hope to resurrect these clubs fully in the 2022-23 school year.

Asynchronous Work

If your student is absent for any reason, but especially if the absence is an extended one, your student will be able to access most of the class activities online. Simply visit Mrs. Flail's Learning Page on the CLPE webpage, click the "Asynchronous Work" heading at the top of the main page, and then click the date for the week music class was missed. This will take you to a Google slide show which can be accessed by anyone signed in with their PSD account. For each slide, there are instructions in the "notes" section below the slide, and there are headings when an activity is targeted to a certain grade level. Of course, some activities cannot be completed outside of class, i.e., playing guitars, singing together, echoing the teacher, etc., but the bulk of the content will be accessible for students wishing to explore it.



continued on next page

Music Class Updates*continued***Quaver Music Reminder**

Our district has a special license and website for accessing student accounts through Quaver Music. These accounts are automatically created by our district technology team, and you do not need to create a username or password. Be sure to visit www.tinyurl.com/PSDQuaver and sign in using your student's PSD email and password. If you are asked to answer Yes or No, click No. Then you should be at the student dashboard, where your student can explore items like the "Creatives" and other activities.

PLEASE NOTE: DO NOT access Quaver through the Quaver website-it won't work with our special logins/accounts. Be aware that when you "Sign Out" from your Quaver account, you are often automatically sent to the main Quaver page, but that page will not work for your PSD login. You can click the tinyurl link above, or the Quaver button on the home page of Mrs. Flail's Learning Page. You can also bookmark the page when you are logged in! Let me know if you have questions or problems.

Thank you for your efforts in supporting your students in all areas of music learning. We appreciate you all SO much!

As always, please contact me with any questions or concerns.

Melissa Flail mflail@psdschools.org 222-8007 (call or text)

PSD Community

Jan. 28, 2022

Dear PSD community

The Colorado Department of Public Health and Environment (CDPHE) is hosting the following voluntary clinics from its mobile bus at these Poudre School

District parking lots:

- 10 a.m.- 6 p.m. Tuesday, Feb. 1 at Red Feather Lakes Elementary School, 505 County Road 73C in Red Feather Lakes
- 10 a.m.- 6 p.m. Tuesday, Feb. 1 at Harris Elementary School, 501 E. Elizabeth St. in Fort Collins
- 10 a.m.- 6 p.m. Thursday, Feb. 3 at Johnson Elementary School, 4101 Seneca St. in Fort Collins
- 10 a.m.- 6 p.m. Thursday, Feb. 3 at Livermore Elementary School, 360 W. County Road 74E in Livermore
- 10 a.m.- 6 p.m. Monday, Feb. 7 at McGraw Elementary School, 4800 Hinsdale Drive in Fort Collins
- 10 a.m.- 6 p.m. Thursday, Feb. 10 at Irish Elementary School, 515 Irish Drive in Fort Collins
- 10 a.m.- 6 p.m. Friday, Feb. 11 at Bauder Elementary School, 2345 W. Prospect Rd. in Fort Collins
- 10 a.m.- 6 p.m. Monday, Feb. 14 at Rocky Mountain High School, 1300 Swallow Rd. in Fort Collins
- 10 a.m.- 6 p.m. Monday, Feb. 14 at Boltz Middle School, 720 Boltz Drive in Fort Collins
- 10 a.m.- 6 p.m. Friday, Feb. 18 at Beattie Elementary School, 3000 Meadowlark Ave. in Fort Collins
- 10 a.m.- 6 p.m. Tuesday, Feb. 22 at Dunn Elementary School, 501 S. Washinton Ave. in Fort Collins
- 10 a.m.- 6 p.m. Thursday, Feb. 24 at Lincoln Middle School, 1600 Lancer Drive in Fort Collins



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PSD Community*continued*

- 10 a.m.- 6 p.m. Tuesday, March 1 at McGraw Elementary School, 4800 Hinsdale Drive in Fort Collins
- 10 a.m.- 6 p.m. Tuesday, March 8 at Beattie Elementary School, 3000 Meadowlark Ave. in Fort Collins

As mobile bus vaccine clinics are added or changes are made to existing clinics, they will be listed on the [COVID-19 Vaccines web page](#). In case of a clinic cancelation, please refer to the [COVID-19 Vaccines web page](#). Appointment registration links will also be listed as they become available.

Appointments are available on a first-come, first-serve basis to students, families and staff. Although appointments are encouraged, walk-ins are available. Flu shots will also be available at the clinics for free.

Pfizer, Moderna, and Johnson and Johnson vaccines will all be available. Moderna and Johnson and Johnson are currently available for individuals who are 18 years or older. For those who get the Pfizer or Moderna vaccines: After receiving the first dose, a second-dose appointment will automatically be scheduled for 21 days later. Booster shots will also be available to those already fully vaccinated.

To be vaccinated, individuals under 18 years old must have a parent or guardian present to provide consent. Students who are 18 years or older do not need parental consent. Anyone in a PSD facility is required to wear a face mask, regardless of immunization status. PSD encourages students and staff to be vaccinated; although, it is not a requirement.

Students age 12+ and staff who have completed their primary vaccine series AND are due for a third dose but have not received one will be exempt from quarantining until Feb. 1, 2022. After that date, they will need to be fully up to date with all recommended vaccine doses to be exempt from quarantining. [Read more about this Centers for Disease Control and Prevention guidance here. >>](#)

These CDPHE mobile clinics are also open to members of the greater community. Because CDPHE's mobile clinic is parked outdoors, no one will need to enter the schools to access it.

continued on next page

PSD Community

continued

If you have any questions about the vaccine, parental consent or have problems registering, please refer to these [frequently asked questions](#).

PSD staff are not administering vaccines or coordinating appointments. The district is communicating this opportunity in partnership with CDPHE. Information about vaccine clinics is posted on [the COVID-19 Vaccines web page](#).

The following are some vaccine resources:

- [“5 Things to Know” about COVID-19 vaccines](#)
- [COVID-19 Vaccines Questions and Answers](#)

Sincerely,

Poudre School District



**2022
YOUTH
Cooking Camps**



**Choose any camp
any week!**

**Food Science
& Human
Nutrition** **AGES 8-12**

COST: \$350 per camper/week
Discounts available

REGISTER NOW! 

Contact Camp Director:
Arya Lesniak
AryaLesniak@cms.colostate.edu

Contact Camp Administrator:
Zara Hopkins
Zara.Hopkins@colostate.edu

Instructors:
Our camp counselors are CSU students. Counselors are selected for their teaching skills, nutritional knowledge and passion for cooking. Our staff care about your children and want them to have the best experience possible!
*Small class sizes up to 26 per camp with volunteer helpers.

Food Science & Human Nutrition
500 W. Lake St.
Gifford Building
Fort Collins, CO 80523 



An example of what a day looks like at our camp:

8:30-9:00 – Campers arrive
9:00-9:30 – Cookbook notes
9:30-10:00 – Outdoor Activity/ Snack
10:00-11:30 – Food preparation
11:30-12:30 – Lunch & Outdoors
12:30-1:45 – Kitchen/cook time
1:45-2:15 – Smell, Touch, Taste, Share
2:15-2:30 – Tidy Time
2:30-3:00 – Cookbook notes
3:00-3:30 – Outdoor Activity
3:30-4:00 – Art & Departure

CAMP A
Edible Science
Choose week 1, 2 or 3

- Science of Taste
- Pickling
- Rock candy experiments
- Chemistry & the perfect cookie
- Kidtastic Kombucha



"No one is born a great cook, one learns by doing."
Julia Child

CAMP B
Baking Extravaganza
Choose week 1, 2 or 3



- Cake batter: flavor testing
- Cake decorating
- Crusts: pies and tarts
- Fillings: pies and tarts
- Final Bake - show off your masterpiece



CAMP C
"Free From"
Choose week 1, 2 or 3

- Free-from meat - homemade seitan
- Free-from dairy: mac and (not) cheese
- Free-from gluten: GF desserts
- Recipe testing: perfect the art of "free-from"



February Breakfast Menu

February 2022

Cache La Poudre Elementary

Breakfast

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

2

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

3

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

4

- Mini Pancakes
- Cheese Variety, or Substitute
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

7

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

8

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

9

- Pancake Sausage Wrap BIC
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

10

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

11

- WW Bagel & cream cheese
- Strawberry Banana Smoothie
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

14

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

15

- Whole Grain Cinnamon French Toast
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

16

- Breakfast Sausage Pizza
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

17

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

18

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

21



22

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

23

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

24

- WW Bagel & cream cheese
- Strawberry Banana Smoothie
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

25

- Pancake Sausage Wrap BIC
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

28

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk: fat free, 1%
- Assorted Juice

February Lunch Menu

February 2022

Cache La Poudre Elementary

Lunch

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

- Mac & Cheese
- Turkey or Ham & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Green Beans
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

2

- Chicken Patty Sandwich
- Chef Salad with Goldfish Crackers
- Pb&J Sandwich
- Salad with dressing
- Steamed Broccoli
- Whole Fruit, or Substitute
- Fresh Strawberries, or Substitute
- Milk Variety
- Assorted Condiments

3

- Beef & Bean Burrito
- Turkey or Ham & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Refried Beans
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

4

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Steamed Carrots
- Whole Fruit, or Substitute
- Fresh Pear
- Milk Variety
- Assorted Condiments

7

- Chicken Drumstick with Goldfish
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Celery Sticks, or Substitute
- Corn
- Whole Fruit, or Substitute
- Fresh Blueberries, or Substitute
- Milk Variety
- Assorted Condiments

8

- Cheese Calzone & Marinara
- Ham or Turkey & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Green Beans
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

9

- Ocean Treasures
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cucumber Slice or Substitute
- Mashed Potatoes with Gravy
- Whole Fruit, or Substitute
- Fresh Kiwi, or Substitute
- Milk Variety
- Assorted Condiments

10

- Chicken Burrito
- Ham or Turkey & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Salad with dressing
- Refried Beans
- Whole Fruit, or Substitute
- Fresh Cantaloupe, or Substitute
- Milk Variety
- Assorted Condiments

11

- Pepperoni Pizza
- Hummus & Veggie Box
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cherry Tomatoes or Substitute
- Steamed Broccoli
- Whole Fruit, or Substitute
- Cuties, or Substitute
- Milk Variety
- Assorted Condiments

14



- Chicken Nuggets
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Mashed Potatoes with Gravy
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

15

- Cheese Lasagna Rollup
- Turkey or Ham & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Green Beans
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

16

- Chicken Patty Sandwich
- Chicken Caesar Wrap
- Pb&J Sandwich
- Salad with dressing
- Steamed Broccoli
- Whole Fruit, or Substitute
- Fresh Raspberries or Substitute
- Milk Variety
- Assorted Condiments

17

- Beef & Bean Burrito
- Turkey or Ham & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Refried Beans
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

18

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Steamed Carrots
- Whole Fruit, or Substitute
- Fresh Pear
- Milk Variety
- Assorted Condiments

21



22

- Cheese Calzone & Marinara
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Green Beans
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

23

- Asian Meatballs & Rice
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cucumber Slice or Substitute
- Steamed Veggies
- Whole Fruit, or Substitute
- Fresh Kiwi, or Substitute
- Milk Variety
- Assorted Condiments

24

- Ocean Treasures
- Ham or Turkey & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Salad with dressing
- Mashed Potatoes with Gravy
- Whole Fruit, or Substitute
- Honeydew Melon or Substitute
- Milk Variety
- Assorted Condiments

25

- Pepperoni Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cherry Tomatoes or Substitute
- Steamed Carrots
- Whole Fruit, or Substitute
- Cuties, or Substitute
- Milk Variety
- Assorted Condiments

28

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Corn
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments