

December 2021

Pirate Pages

Cache La Poudre Elementary School 3511 W. Cty. Rd. 54G

LaPorte, CO 80535

PrincipalLandus Boucher

Vice Principal
Colleen Worman

General Information

Office Hours 7:30am - 3:30pm

Phone Numbers
Office 488-7600
Fax 488-7676
Attendance Line

490-3070

*If your child is ill or will not be at school, please leave a message on the Attendance line.

School Hours

8:10am - 2:55pm Supervision begins at 7:55am

Preschool 8:10am - 2:55pm

Website
https://cpe.psdschools.org



December Calendar

Wed Dec 1	Chess Wizards	3:00-4:00
Thu Dec 2	Young Rembrandts	3:00-4:00
Mon Dec 6	Science Matters	3:00-4:00
Tue Dec 7	Lego Class	3:00-4:25
Wed Dec 8	Chess Wizards (last class)	3:00-4:00
Thu Dec 9	Young Rembrandts	3:00-4:00
Mon Dec 13	Science Matters	3:00-4:00
Tue Dec 14	Lego Class*	3:00-4:00
Tue Dec 14	Vision/Hearing Screening	8:00-12:00
Thu Dec 16	Young Rembrandts (last class)	3:00-4:00
Dec 20-31	Winter Break	
Jan 3, 2022	No School – Teacher Work Day	

* LEGO class will have the makeup class from 11/23 on Jan 4th when we return from Winter break.



Click Here to Self-Schedule Your Child's Well Care Visit Today!

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From the Principal

December already! At the end of last month many of us paused to take a breath and be grateful. In education we are grateful for the opportunities to impact young lives. We are grateful to our community for partnering with us to support our students. We've almost completed the first half of the year. Students, staff, and families have been working together to foster a sense of community and continue to grow.



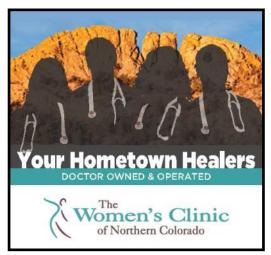
We wish all our CLPE families a safe and happy holiday season! This time of year can be a time of joy and excitement, but we know it can also be a busy and stressful time for students and families. One of the best and most memorable gifts you can give your children is the gift of time. Sit down to a meal together or have a family game night. Tell stories and laugh together! These activities and the memories created from the time together will last far longer than anything else. During winter break it is important for students to be inquisitive and curious every day. Make learning fun by connecting it into your daily routine and pose questions or wonderings the whole family can engage in together.

CLPE would like to thank all families for being involved with their children's progress. We are further grateful to the community for providing the resources for teachers, parents, and students. As the holiday season advances, we would like to wish the very best to all our educational partners. We are so grateful for our families and community who continue to pivot, and problem solve with us. Together we grow and continue to be Pirate Strong.

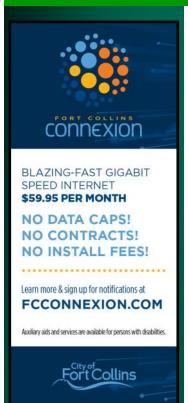


Landus





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PSD Calendar Survey

You are invited to share your thoughts to help inform the development of future Poudre School District school year calendars. This survey, available in Spanish and English, is open from Dec. 1, 2021, through Jan. 1, 2022. Families who need support with Arabic translation may contact their family liaison.

The PSD Calendar Committee will consider community feedback when creating the draft 2023-24 and 2024-25 school year calendars. PSD Calendar Committee members are scheduled in April 2022 to present draft school year calendars to the school board.

PTO

RECENT FUNDING REQUESTS

- The PTO recently approved the purchase of several items for the PreK/Mental Health teams to utilize for their "Mindful Mornings" program that creates a calm environment with regulation activities to teach our youngest students regulation and calming strategies. The PTO approved the purchase of two LED stop signs for the crosswalks, however, we had one CLPE family/business offer to pay for them outright! Our sincere thanks to Wisdom Tree Care for making this purchase happen in an effort to keep our families and crossing guards safe.
- The PTO also approved paying for the printing of this year's school directories. Forms will be sent home with students this week and are due back to school by Friday, Dec. 10th. Parents/guardians have the choice of what info is included (or to opt out) and whether to receive a print copy or pdf via email only.

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PTO continued

PTO MEETING Dec 2 via Zoom

Please join us for December's PTO Meeting, **tomorrow**, **Dec. 2 at <u>8:30am via</u> Zoom:** Meeting ID 849 2571 8080, Passcode 918035.

UPCOMING EVENTS

Rollerland Night is Thursday, Dec. 16 from 5-8pm, pending approval by PSD and Larimer County. This is a private event for CLPE students and their families. Masks required.

CLPE MERCHANDISE FOR FUN GIFTS

Visit <u>clpe.ptboard.com</u> to purchase CLPE stickers, drink tumblers, water bottles and ring flyer Frisbees—**items have been discounted!** All proceeds go to the CLPE PTO to fund the needs of students and teachers at our school.

Office Notes:

Playground use: Please remember that students should not be on the playground after school unless supervised by a parent/guardian. Students should go home and then with parent permission may return but should not go to playground unsupervised right after the bell rings at the end of the day.

Please see below for information on School portraits if you missed the school makeup day.

Skillman Photography has scheduled a makeup day in December at their studio to give those who might have missed a chance to have a school portrait package taken at school. All packages carry a money back guarantee and will be back in 2 weeks or less in time for the holidays. All packages will be delivered to studio and picked up here or mailed.

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Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

SCHOOL

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com

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Office Notes:

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SKILLMAN PHOTOGRAPHY'S STUDIO SCHOOL PORTRAIT MAKE-UP DAY

DATE & TIME: LOCATION:

FRIDAY, DEC. 3, 2021 - 2:00 to 5:00 pm Skillman Photography Studio

SATURDAY, DEC. 4, 2021—9:00 to 12:00 pm 818 E. Elizabeth, Ft. Collins, CO 80524

This is for those who missed the picture days for new packages or retakes. We get the images to school with yearbooks.

Email <u>staff@skillmanphotography.com</u> for more information. We will email you the information you will need. Phone 484-3403.

From Mr. Haas

Thank you to all the students and families who made "bricks" for the Veterans Wall. We are grateful for the service and sacrifice of our military, and it was wonderful to see the connections that our CLPE families have to our Armed Forces.



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From Mr. Haas

continued









IB Coordinator Corner

Hi families,

Happy December! This month I'm sharing some ideas for you to try at home to encourage self-management skills. Self-management is another one of the Approaches to Learning that we believe to be fundamental in a child's education. Here is a list of skills that fall under the category of self-management.

- Informed choices- making decisions and taking action based on facts or opinions
- Codes of behavior- knowing and following rules
- Healthy lifestyle- making choices to be balanced in nutrition, rest, relaxation and exercise
 Practicing appropriate hygiene and self-care
- Safety- behaving in a way that avoids placing oneself or others at risk
- Time management- using time effectively and appropriately
- Organization- planning and carrying out activities in an orderly fashion
- Spatial awareness- understanding how near and far one's body is to objects and others
- Fine motor skills- using small muscle groups to accomplish a task
- Gross motor skills- using large muscle groups to accomplish a task

Here are a few ideas that you might use to support your learner's self-management skills at home:

Stay curious,

Mrs. Parton













Music Class Updates

We still feel so very fortunate to see students in person and work together in the music classroom. As a reminder, we are taking the following steps to keep students safe in music:



- Students wear masks at all times, just as they do throughout the school day.
- Students are distanced at least 4 feet from each other and from the teacher.
- Any shared items are used only with sanitizing or hand-washing before and after use; and/or the items are sanitized before and after use; and/ or the items are allowed to sit untouched for at least 24 hours.
- All activities that involve increased respiration, particularly singing, are
 done in short time segments only. With the current viral surge, we are
 humming instead of singing most of the time; this is safer and will help
 avoid unnecessary quarantines.

Here are some highlights of the skills we have been working on at each grade level:

<u>Kindergarten:</u> 4 ways to use our voice (whisper, talk, shout, sing); musical opposites (high/low; loud/soft; fast/slow); playing ukulele, xylophones, drums; exploring piano keyboards; moving to music

<u>First grade:</u> High and low notes; beat; meter; quarter note (ta) and paired eighth notes (ti-ti); quarter rest (coming soon); playing ukulele, xylophones, drums; exploring piano keyboards; moving to music

<u>Second Grade:</u> Reading pitches on the music staff on sol-mi-la; beat and rhythm; strong and weak beat; meters of 2, 3, and 4 beats; half note and half rest; new music notes (coming soon); playing ukulele, xylophones, drums; exploring piano keyboards; moving to music

<u>Third grade</u>: Sixteenth notes (tika-tika); reading pitches on the music staff on do-re-mi-sol-la; new pitches (coming soon); dynamics; meters of 2, 3, and 4 beats; playing guitar, piano keyboard, xylophones, drums; moving to music; introduction to letter names for notes in the treble clef

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Music Class Updates

continued

<u>Fourth grade:</u> Triplets in 4-4 time and sets of three eighth notes in 6-8 time; Dotted quarter-eighth note rhythms (coming soon); reading pitches on the music staff on do-re-mi-sol-la-high do-low la-low sol; dynamics; meters of 2, 3, and 4 beats; playing guitar, piano keyboard, xylophones, drums; moving to music; letter names for notes in the treble clef

<u>Fifth grade:</u> Triplets in 4-4 time and sets of three eighth notes in 6-8 time; Syncopated rhythms eighth note-quarter note-eighth note (coming soon); reading pitches on the music staff on do-re-mi-sol-la-high do-low la-low sol; dynamics; meters of 2, 3, and 4 beats; playing guitar, piano keyboard, xylophones, drums; moving to music; letter names for notes in the treble clef; melody and harmony

Music Gift Ideas

Music items can make great holiday gifts, if you are searching for ideas! The CLPE students have truly been enjoying using the Casio SA-76 44-key Mini Personal Keyboard (currently available on Amazon for \$54), and ukuleles are always a great musical instrument to own. Other ideas are egg shakers and other small percussion items, which can be found online or at local music stores.

Asynchronous Work

If your student is absent for any reason, but especially if the absence is an extended one, your student will be able to access most of the class activities online. Simply visit Mrs. Flail's Learning Page on the CLPE webpage, click the "Asynchronous Work" heading at the top of the main page, and then click the date for the week music class was missed. This will take you to a Google slide show which can be accessed by anyone signed in with their PSD account. For each slide, there are instructions in the "notes" section below the slide, and there are headings when an activity is targeted to a certain grade level. Of course, some activities cannot be completed outside of class, i.e., playing guitars, singing together, echoing the teacher, etc., but the bulk of the content will be accessible for students wishing to explore it.

Clubs and Performances

We are hoping to have live in-person performances this year, and we also hope to hold some form of our typical choir and modern band clubs for students in grades 3-5. With the current surge of Delta variant—and now the uncertainty of the new Omicron variant—we are waiting to determine what will be safe and



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Music Class Updates

continued

feasible. If they are offered, clubs and performances will occur in the spring semester. We will keep you informed as we learn more about the community health situation moving forward.

Quaver Music Reminder

Our district has a special license and website for accessing student accounts through Quaver Music. These accounts are automatically created by our district technology team, and you do not need to create a username or password. Be sure to visit www.tinyurl.com/PSDQuaver and sign in using your student's PSD email and password. If you are asked to answer Yes or No, click No. Then you should be at the student dashboard, where your student can explore items like the "Creatives" and other activities.

PLEASE NOTE: DO NOT access Quaver through the Quaver website-it won't work with our special logins/accounts. Be aware that when you "Sign Out" from your Quaver account, you are often automatically sent to the main Quaver page, but that page will not work for your PSD login. You can click the tinyurl link above, or the Quaver button on the home page of Mrs. Flail's Learning Page. You can also bookmark the page when you are logged in! Let me know if you have questions or problems.

Thank you for your efforts in supporting your students in all areas of music learning. We appreciate you all SO much!

As always, please contact me with any questions or concerns.

Melissa Flail mflail@psdschools.org 222-8007 (call or text)

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Mental Health Corner

December 2021

As we head into the holiday season, we wanted to take a minute to share some tips and thoughts around what holidays can bring up for families and children. Many of us are excited to celebrate, have some time off. Children are looking forward to winter break, gifts, treats etc. Even though many things can be fun and positive in the holiday season, it can also bring up anxiety, worry, added stress and anticipation of a significant transition. Below are some ideas for navigating this time of year with the added stress of illness, uncertainty and constant change. The tips below were provided by the American Psychological Association for tips to help parents effectively manage holiday stress:



For many of us, the holiday season can bring an increased sense of family responsibility and, along with it, additional feelings of stress. Advertisements about the joys of the season can seem lost on us as we scurry around trying to do even more than usual. It's easy to feel overwhelmed.

APA suggests these tips to help parents effectively manage holiday stress

• Strengthen social connections—We know that strong, supportive relationships help us manage all kinds of challenges. So, we can view the holidays as a time to reconnect with the positive people in our lives. Accepting help and support from those who care about us can help alleviate stress. Also, volunteering at a local charity on our own or with family can be another way to make connections; helping others often makes us feel better, too.

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Mental Health Corner

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- Initiate conversations about the season—It can be helpful to have conversations with our kids about the variety of different holiday traditions our families, friends and others may celebrate. Parents can use this time as an opportunity to discuss how some families may not participate in the same holiday traditions as others. Not everyone needs to be the same. It is important to teach open-mindedness about others and their celebrations.
- Set expectations—It is helpful to set realistic expectations for gifts and holiday activities. Depending
 on a child's age, we can use this opportunity to teach kids about the value of money and responsible
 spending. We need to remember to pare down our own expectations, too. Instead of trying to take
 on everything, we need to identify the most important holiday tasks and take small concrete steps to
 accomplish them.
- Keep things in perspective—On the whole, the holiday season is short. It helps to maintain a broader context and a longer-term perspective. We can ask ourselves, what's the worst thing that could happen this holiday? Our greatest fears may not happen and, if they do, we can tap our strengths and the help of others to manage them. There will be time after the holiday season to follow up or do more of things we've overlooked or did not have the time to do during the holidays.
- Take care of yourself—It is important that we pay attention to our own needs and feelings during the
 holiday season. We can find fun, enjoyable and relaxing activities for ourselves and our families. By
 keeping our minds and bodies healthy, we are primed to deal with stressful situations when they
 arise. Consider cutting back television viewing for kids and getting the family out together for fresh
 air and a winter walk. Physical activity can help us feel better and sleep well, while reducing
 sedentary time and possible exposure to stress-inducing advertisements.

Take care and as always, Please don't hesitate to reach out to us if you need any help, guidance, tips or tricks!

Sincerely, CLPE Mental Health Team

970-488-7661

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School Psychologist

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Sarah Bolduc

School Social Worker

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What's happening in Art and Library this month?

December 2021

Library/ Media Technology

We are participating in Hour of Code for all ages in the month of December. Around the world during December, students are learning about computer programming by participating in the Hour of Code. In the future, it will be helpful for students to understand how to program a computer. Here is the link for the Hour of Code website for more information https://hourofcode.com/us

Kindergarten and first grade students will be learning about coding while unplugged. They will tell a robot how to go through a maze and use sequencing in a hands-on manner.

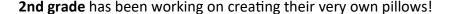
2nd grade will be doing some unplugged lessons and some on the computer.

3rd, 4th and 5th graders will use Hour of Code and code.org to teach them coding.

Art

We have been busy this month.

Kindergarten and first grade have learned how to use shapes and markers to create a table full of pie!



3rd grade is creating an artwork representing an Alebrijes, or spirit animal, which is an animal with many different colors and patterns on it.

4th grade learned about Notan, which is a Japanese paper cutting technique. This craft is connected to design of their very own logos.

5th grade is creating a pencil value study of a paper sculpture they created. They are learning about how dark, medium and light values are used in professional drawings.

Original Works product orders should be arriving very soon.

Sue Awsumb-Conn Art Teacher, Media Tech Teacher





Cache La Poudre Middle School

An 1B World School



What makes CLPMS different?

Vision Statement: "Where inquiry and relationships empower independent learners as they develop awareness, understanding, and confidence to become balanced members of our community and world."

Developing Relationships

- Small community of about 335 students
- 25/1 Student/Teacher ratio
- Olweus Bullying Prevention Program
- Year long Advisory
- 6th graders supported through the WEB program with 7th/8th grade mentors



Learning Through Inquiry

- Courses taught through a problem-solving, inquiry based, relevant approach
- Students explore interests through Band, Orchestra, Pottery, Arts, 3D Printing, Yoga, Wood Design, Architecture, Yearbook, Creative Writing, Digital Photography, Coding, Chess, Gaming, Current Events, Outdoor Education, and Drama



Empowering Independent Learners

- Thinking, Research, Social, Communication, and Self-Management skills learned in all classes.
- · Extensive GT program
- Accelerated Math and Spanish track, Honors courses for 7th/8th grade English, Science, and Social Studies
- · Students can enter High School with 10-40 credits



2019 Exceeds Rating

State CMAS Achievement Percentile Rankings:

- English Rank 87
- · Math Rank 88
- Science Rank 93

Developing Awareness

- . 8th Grade Community Project
- · Interdisciplinary River Week

Members of our Community and World

- Student Leaders run dances, the Fall Carnival Haunted Library, service learning, building tours, and lead school spirit events
- Service learning: Give Next Program, Fall Carnival, Holiday Food Drive, 7th Grade Inclusion Day, Pennies for Patients, and Lory State Park partnership
- Chibs: Lego Robotics, Science Olympiad, WEB, Leadership, Rock Band, Intramurals, Knowledge bowl, Dungeons and Dragons, Battle of the Books, and NJHS
- Athletics: Volleyball, Cross-Country, Football, Tennis, Wrestling, Basketball, Track, Softball, and
 Golf



Join us for our Open House

Wednesday, January 5, 2022, 5:30-7:30pm

Informational Presentation at 6:15pm

3515 W. County Road 54G, Laporte, CO 80535 clp.psdschools.org * 970-488-7400

2019 Recipient of the Colorado John Irwin Schools of Excellence Award

What our parents are saying:

"As a parent and a teacher in Poudre School District with children having graduated and another attending CLPMS, I know the positive influence that rigorous academics and strong relationships can have on our children and students. The committed teachers and administrative team at CLPMS create an atmosphere within its smaller, learning community in which kids can thrive academically,

emotionally, and interpersonally. At CLPMS your child is known, recognized, and valued by teachers and the administrative team."





"CLPMS is small enough to know my child by name. They offer a variety of classes that challenge her in honors classes, advanced math and leadership. I like that the school encourages students in 6th, 7th, and 8th to work together. She is gaining a real-world perspective and supported through the challenges of middle school by a very dedicated and knowledgeable group of teachers



"The teachers know each and every student - the community is really truly about the students' growth & development and not about the test scores." "CLPMS creates a comforting community-based atmosphere."

and staff."



"We love that our school has a small student population, which allows for better student-teacher engagement. It's like a small neighborhood where there is a strong feeling of community."

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December Breakfast Menu

December 2021 Cache La Poudre Elementary

				Breakfa	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		Strawberry Mini Bagel Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assortent of Fruit Milk Variety Assorted Juice	Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	
WGR Grahamz Crackers Strawberry Banana Smoothie Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Oatmeal Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	
WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Strawberry Mini Bagel Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Oatmeal Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Mini Cinnamon Rolls Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	
HAVE A GREAT Winter Brenk	No School Today	No School Today	No School Today	No School Today	
No School Today	• No School Today	No School Today	• No School Today	31	



December Lunch Menu

December 2021 Cache La Poudre Elementary

Lunch MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY 1 2 3 Chicken Patty Sandwich Beef & Bean Burrito Cheese Pizza Cold Delt Yogurt with Granola Pb&J Sandwich Chef Salad with Goldfish Turkey or Ham & Cheese Crackers. Sandwich Pb&J Sandwich Pb&J Sandwich Fresh Cucumber Slice or Salad with dressing Fresh Cherry Tomatoes or Substitute Whole Fruit, or Substitute Substitute Whole Fruit, or Substitute Fresh Strawberries, or Whole Fruit, or Substitute Fresh Pear Watermelon or Substitute Milk Variety Substitute Milk Variety Milk Variety Assorted Condiments Assorted Condiments Assorted Condiments 6 7 8 9 10 Chicken Drumstick with Cheese Calzone & Marinara Asian Meatballs & Rice Chicken Burrito Pepperoni Pizza Ham or Turkey & Cheese Cold Delt Yogurt with Granola . Ham or Turkey & Cheese Hummus & Veggle Box Cold Delt Yogurt with Granola PB&J Sandwich with Pretzels PB&J Sandwich with Pretzels Sandwich PB&J Sandwich with Pretzels • PB&J Sandwich with Pretzels or Goldfish PB&J Sandwich with Pretzels or Goldfish or Goldfish or Goldfish or Goldfish Fresh Cucumber Slice or Fresh Cherry Tomatoes or Fresh Celery Sticks, or Bell Peppers, or Substitute Salad with dressing Substitute Substitute Whole Fruit, or Substitute Substitute Whole Fruit, or Substitute Whole Frutt, or Substitute Whole Fruit, or Substitute Whole Fruit, or Substitute Orange Wedges Fresh Kiwi, or Substitute Fresh Cantaloupe, or Cuttes, or Substitute Fresh Blueberries, or Milk Variety Milk Variety Milk Variety Substitute Assorted Condiments Assorted Condiments Assorted Condiments Substitute Milk Variety Milk Variety Assorted Condiments Assorted Condiments 13 16 17 Chicken Patty Sandwich Beef & Bean Burrito Chicken Nuggets Cheese Lasagna Rollup Cheese Pizza Cold Deli Yogurt with Granola . Turkey or Ham & Cheese Chicken Caesar Wrap Turkey or Ham & Cheese Cold Deli Yogurt with Granola Pb&J Sandwich Sandwich Pb&J Sandwich Sandwich Pb&J Sandwich Fresh Snap Peas, or Pb&J Sandwich Salad with dressing Pb&J Sandwich Fresh Cucumber Slice or Fresh Carrots Whole Fruit, or Substitute Fresh Cherry Tomatoes or Substitute Substitute Whole Fruit, or Substitute Whole Fruit, or Substitute Whole Fruit, or Substitute Fresh Raspberries or Substitute Whole Fruit, or Substitute Fresh Pear Grapes, or Substitute Applesauce or Frutt Cup or Substitute Milk Variety Substitute Milk Variety Watermelon or Substitute Milk Variety Assorted Condiments Milk Variety Assorted Condiments Milk Variety Assorted Condiments Assorted Condiments Assorted Condiments 20 21 22 24 23 No School Today No School Today No School Today No School Today 27 28 30 No School Today No School Today No School Today No School Today

