



November 2021

Pirate Pages

Cache La Poudre Elementary School

3511 W. Cty. Rd. 54G
LaPorte, CO 80535

Principal
Landus Boucher

Vice Principal
Colleen Worman

General Information

Office Hours

7:30am - 3:30pm

Phone Numbers

Office 488-7600

Fax 488-7676

Attendance Line
490-3070

**If your child is ill or will not be at school, please leave a message on the Attendance line.*

School Hours

8:10am - 2:55pm
Supervision begins at
7:55am

Preschool

8:10am - 2:55pm

Website

<https://cpe.psdschools.org>



November Calendar

Mon Nov 1	Science Matters 3:00-4:00 New class Slimeology
Tue Nov 2	Lego Club 3:00-4:25
Wed Nov 3	Chess Wizards 3:00-4:00
Thu Nov 4	Young Rembrandts
Mon Nov 8	No School-Teacher Collaboration Day
Tue Nov 9	Lego Club 3:00-4:25
Wed Nov 10	Chess Wizards 3:00-4:00
Thu Nov 11	Young Rembrandts
Mon Nov 15	Science Matters 3:00-4:00
Tue Nov 16	NEW Lego Club 3:00-4:25
Wed Nov 17	Chess Wizards 3:00-4:00
Thu Nov 18	Young Rembrandts 3:00-4:00
Mon Nov 22	NO SCIENCE MATTERS TODAY
Tue Nov 23	Lego Club 3:00-4:25
Wed Nov 24	Thanksgiving Break through the 26th
Mon Nov 29	Science Matters 3:00-4:00
Tue Nov 30	Lego Club 3:00-4:25

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From the Principal

Dear CLPE Families,

October came and went in a blur! We were busy and had a variety of exciting activities.



The Pirate Peg Leg was an incredible success! It would not have been so successful without the tremendous amount of work from our P.T.O. It was well organized and the students had fun while they ran! Thank you so much for your support of this annual fund raiser! Your generosity is amazing!

Of course, October couldn't conclude without some fall festivities. Our kindergarten students enjoyed finding a pumpkin in our very own pumpkin patch in the nature center. Thank you to the PTO for providing a pumpkin for each student. I would also like to thank everyone for supporting the Halloween festivities. I know our students enjoyed the celebrations.

Thank you to all the parents for attending our Parent Conferences in mid-October. There was a lot of anticipation and excitement in the air during conference days as we celebrated students' successes and talked about ways to continue academic and social growth. Although we host parent conferences in the fall and spring, the CLPE staff feels that communication should be frequent and ongoing. Please do not hesitate to contact your child's teacher at any time to discuss progress. Our teachers are happy to use a variety of tools to share student progress and classroom happenings. Phone conversations and emails are always welcome as well as virtual meetings.

Our fast pace doesn't seem to slow down as November promises to bring more exciting times. As I reflect on these first few months of the 2021-2022 school year at CLPE, I am so grateful to have the opportunity to be the captain of this wonderful pirate crew! I am thankful for the support of our parents and families. I

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help us address the following:



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Parental Concerns



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OF SORTS
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From the Principal

continued

have extreme appreciation for the commitment and dedication to the success of our students that the CLPE staff shows every day. Getting to come to work each day to be a part of genuine, kind, reflective, and intelligent students' lives is an honor. I would like to wish all our families a peaceful and relaxing Thanksgiving break. I hope everyone can enjoy this time with your family and friends!

With gratitude,

Landus

PSD Lockdown Drill Week set for Nov. 1-5

During the week of Nov. 1-5, all Poudre School District schools will participate in lockdown drills. The following is what you can expect:

- We know we will participate in a drill that week but won't know the specific time at which it will occur.
- We will make an announcement over our intercom when the drill is underway and emphasize that it is only a drill and that there is not an active threat to our school.
- During a lockdown drill, students and staff are directed to a safe location inside the building. Exterior and interior doors, windows, and access points are closed and locked. Due to COVID protocols, students will remain at their desks or normal socially distanced positions during the drill.
- When it's completed, school staff, members of PSD's Safety and Security Department, and law enforcement officers will review how things went.
- Community members can expect to see a heavier-than-usual law enforcement presence at the schools when lockdown drills occur.

For more information: www.psdschools.org.

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Auxiliary aids and services are available for persons with disabilities.



Morning Drop off

Adult supervision begins at 7:50 AM each morning. We cannot provide supervision before that time should children be on school grounds. Please be aware of this to ensure that students do not arrive at school early unless they are arriving for our breakfast program. Teachers will open classroom doors at 8:00. As the weather becomes colder it will be all the more important that students are not dropped off too early because they will be out in the cold until 8:00 and we do not have supervision until 7:50. AlphaBEST is available before and after school for those families needing this daycare option. Please contact AlphaBEST at 972-632-6573 or email at poudreco@alphabest.org. Registration for Alphabest can be found at <https://www.alphabest.org/poudreco/>.

Please be extra cautious around the crosswalks and when driving through the parking lot, especially at crosswalks. We have had some close calls. Vehicles should not be driving around the buses to use the east side exit of the driveway. This exit may be used after the buses leave. We still have students arriving/departing at that time and will be using the crosswalk. Help us keep students and staff safe by driving cautiously.



Thank you PTO!



Our community really stepped up to make the Pirate Pegleg Fundraiser a huge success. Thank you so much to our CLPE community for helping us surpass our goal! These funds will go towards providing items and services that will enrich the learning experiences at CLPE such as educational materials, field trips, wellness equipment, school celebrations, playground equipment, and assemblies. Also a huge thank you to Theresa Baer, Erica Daniell, Katrina Winborn Miller, Amber Epstein, Angela, Doskicz, Dusk Sumpter, Carrie DeJulio and many other PTO members that worked diligently to pull this fundraiser together! We love our PTO and are incredibly fortunate to have such an amazing PTO team!

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READY FOR THE CLASSROOM?



The library supports literacy and learning with books and databases on topics that pique your child's interest!



www.poudrelibraries.org

Recess/Cold weather

When we have temperatures below 16 or substantial snowing or raining, we will have indoor recess. During the day, students will remain in their classroom and participate in varying activities available in their classrooms. When the weather is 16 or above, we will go outside. **Please be sure to send your students with coats, boots, mittens and hats.** If they want to play out on the field in the snow, they will need snow pants. Even if it seems warm to them, it is good to have the gear available in case it gets colder. **Please label clothing with names so we can return them if they end up in the lost and found.**



Speaking of lost and found, we have several coats, hoodies, sweaters, water bottles in the lost and found. If items are labelled with your child's name, we will return to student. Please label your child's things so we can get them back to them. If you are missing items, the best time to check the lost in found is at the end of the school day.

Counseling/Mental Health - November 2021

We are already in November!! The year is going so fast!! I've been observing our students and I've discovered that we need to do some more work on getting ourselves grounded and back into our learning brains. This will include grounding strategies like yoga, breathing, metacognition (thinking about your own thinking), how to stay regulated when students around you are dis-regulated, what parts of the brain need to stay turned on and focused in order to learn, and how to be an observer of your own behavior and emotions. All students will be taking over the yoga calm lessons, learning how to drum, put together flows and coming up with stories for stillness time.

Regulation, Transitions & Routines

As we head into the second quarter of the school year, we would like to share some tips and suggestions to help your child (and you!) find a sense of calm in a very chaotic time. The effects of a worldwide pandemic are new and unknown especially when it comes to education and young children. Some trends that are being seen nationwide are the need for routines, a heightened sense of anxiety, adjustment to class size and workload and a general sense of dysregulation. A part of the day we are noticing that seems to increase these

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Counseling/Mental Health

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feelings is during transitions. It seems as though students are holding in as much as they can during the school day whether that be emotions, behavior, stamina etc. It is not uncommon to see children melt down when they get home and back in their safe place with their caregiver.

Here are some tips and tricks for having a smooth transition between home and school each day that may help that feeling of overwhelm decrease. Doing these activities together can help develop co-regulation and positivity throughout the family. They are also great on their own for those who need alone time.

- Create a “coming home” routine that calms the nervous system. Have your child choose an activity they enjoy. Examples:
 - ◇ *Make sure basic needs are met: are they tired (quick nap or rest), hungry (protein heavy snack before talking or engaging)*
 - ◇ Playdough
 - ◇ Listening to quiet music (60 beats per minute or less)
 - ◇ Taking a walk
 - ◇ Yoga
 - ◇ Relaxation stories
 - ◇ Mindful snack
 - ◇ Coloring
 - ◇ Reading or listening to a story (audio books or reading together)
- Things to avoid during the transition (first 30 minutes after school):
 - ◇ Avoid technology for the first 30 minutes after coming home
 - ◇ Talking about big problems that happened at school or home (little deals can feel like big deals when we aren’t regulated!)
 - ◇ Difficult homework
 - ◇ Loud noises
 - ◇ Chores etc. that cause arguments or have multiple steps.

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Counseling/Mental Health

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- * Having a routine that you create with your child to follow can help build consistency and make the nervous system feel calm and safe. Keep it simple!

Example:

1. Snack
2. Quiet play dough time (10 minutes)
3. Homework
4. Feed Dog
5. Free Play
6. Dinner

Please don't hesitate to reach out to us if you need any help, guidance, tips or tricks!

Ann Lawler-Perry

School Counselor

alawler@psdschools.org

Sara Sadd

School Psychologist

ssadd@psdschools.org

Sarah Bolduc

School Social Worker

sbolduc@psdschools.org

IB Coordinator

Hello Pirate Families,

Happy November! This month I'd like to let you know more about another one of our Approaches to Learning(ATL). The ATL skills are grounded in the belief that learning how to learn is fundamental to a student's education. The focus this month is on thinking skills. Within thinking skills are several sub skills including:

- **Acquiring knowledge**- gaining and retaining information
- **Comprehension**- understanding what has been learned
- **Analysis**- taking ideas apart to understand how they work together, the ability to see patterns and relationships
- **Synthesis**- combining parts to make wholes, designing and innovating, combining learning to understand a bigger idea
- **Evaluation**- making decisions and forming decisions based on facts
- **Dialectical thinking**- understanding more than one point of view, thinking about two different perspectives at the same time, understanding that others can have different points of view

Here are a few ideas that you might use to support your learner's thinking skills at home:

Stay curious,

Mrs. Parton



Office Notes

Parentvue is available for families to change some information regarding their student account, for example phone numbers or emergency contacts. Any address changes must be done with the office staff. If a family moves out of the CLPE attendance area during the middle of the school year and wishes to remain at CLPE, an Intent to Remain must be filled out. Then if wanting to continue in this school the following year, a school of choice application must be filled out online prior to the School of Choice deadline January 21, 2022. If you are having any trouble getting on Parentvue, please contact the school and we can help navigate. 970-488-7600.



Art and Technology



You may have heard your student talking about the Lucy Project. Oct 16, 2021, a probe called Lucy launched at Cape Canaveral on it's way to the Trojan Asteroids. We have been studying about Lucy and her voyage in Library / Technology and have even made some space art in our Art Class. I was lucky enough to be invited to the launch in person! A Colorado team was the group who created the Lucy project. Ask your student what they may remember about our talks about Lucy. Here's the official Lucy website link if you are interested in learning more: <http://lucy.swri.edu/>



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Art and Technology

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November is a busy month for art!

Original Works information is coming home and you will have the opportunity to order some great products with your student's artwork on it. Orders end on November 17. Products will arrive in time for holiday giving. Please consider ordering something to commemorate this school year. It is an optional program that helps support the art department at CLPE!

Art will soon be on display in November at LaPorte Pizza and at MeOhMy Coffee and Pie. Please support our local businesses and show your support of students at CLPE. Specific students will be notified if their work is on display in either business.

The district art show called Creative Endeavors at Foothills Mall will be on display November 17 - January 11. Stop by the Mall and see all the art during the Holiday season. Students will be notified if their art is on display at this show.

LET YOUR
ART
BE AS
UNIQUE
AS YOU!

"Creativity is intelligence having fun!"

- Albert Einstein

Sue Awsumb-Conn
Art Teacher, Media Tech Teacher

PTO News

Pirate Pegleg Parade Fundraiser a Success!

The CLPE PTO is thrilled to report we EXCEEDED our fundraising goal for Pirate Pegleg Parade Fundraiser!!

Your generosity and the effort you put in to share our fundraiser online is what made it successful and is *extremely* appreciated! We are excited to have the funds to continue to support our school with...

- Supplemental classroom materials such as book sets, magazine subscriptions, headphones, online vocabulary lessons, etc.
- Playground and wellness equipment
- Enrichment activities and field trip transportation
- School celebrations like the foam party, book fair family nights, etc.
- Supplies like paper, toner, etc.
- Teacher and staff appreciation gifts

Please remember, you can be involved in deciding how those funds are spent. If you're not already a member of the PTO, you can join at any time by emailing ptoclpe@gmail.com.

Tell us what you think!

We would like your feedback on what you did or did not like about the fundraiser and fun run. This was the first time using this type of online system, and while we were wildly successful in reaching our goal, we realize not everyone was comfortable using it. **To help us with future planning, please respond to the following 5-question survey regarding the online fundraising system, prize incentives and the fun run itself:** <https://www.surveymonkey.com/r/V96CBL2>

Next meeting this week

Join us for the next PTO meeting, **THIS THURSDAY, November 4 at 8:15am in Room 150, the Professional Development Room, at CLPE.** Masks and social distancing required.

Stay informed...buy spirit gear

Visit clpe.ptboard.com for PTO announcements, event and meeting info, and to buy fun CLPE spirit gear! Stickers, window/car decals, water bottles and insulated tumblers make great gifts and proceeds go to the PTO to fund the needs of CLPE students and teachers.

Follow us on Facebook, www.facebook.com/CLPEPTO, or Instagram, [@clpe_pto](https://www.instagram.com/clpe_pto).



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PTO News

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Ongoing fundraising for CLPE with little effort

Please keep in mind there are ongoing ways to support CLPE with purchases you may already be making. Check out the following flyer:

CACHE LA POUDRE ELEMENTARY
ONGOING FUNDRAISING PROGRAMS

BOX TOPS FOR EDUCATION

APPLE DOWNLOAD ANDROID DOWNLOAD

NO MORE CLIPPING! - SCAN THE QR CODE TO DOWNLOAD THE FREE APP!

YOU MAY ALSO TAKE A PICTURE OF YOUR GROCERY RECEIPT AND EMAIL IT TO:
CLPEFUNDRAISING@GMAIL.COM

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You shop. Amazon gives.

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CONNECT YOUR AMAZON SMILE ACCOUNT TO CLPE PTO, AND A PORTION OF SALES WILL BE DONATED BACK TO THE SCHOOL.

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3. SCROLL DOWN TO COMMUNITY REWARDS
4. CLICK 'CHANGE OR ADD ORGANIZATION' TO LAPORTE CONNECTION AKA CLPE PTO

APPLE DOWNLOAD ANDROID DOWNLOAD

iGive.com
Change online shopping for good.

SCAN THE QR CODE TO DOWNLOAD THE FREE APP!

OPEN AN ACCOUNT, CONNECT YOUR ACCOUNT TO THE CAUSE: 'CLPE PTO', AND SHOP THOUSANDS OF STORES! A PORTION OF SALES WILL BE DONATED BACK TO THE SCHOOL.

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A PORTION OF SALES WILL BE DONATED BACK TO THE SCHOOL.



Learn more about becoming a PSD
bus operator at our hiring event!

Applicants can talk to other operators, take a test drive, apply and interview on the spot.

8-11 a.m. | Monday, Nov. 8 | 2445 Laporte Ave, Fort Collins
at the new transportation facility (building H)



- Generous time off
- Paid training
- Competitive pay (starting at \$20/hour)
- Benefits
- Opportunities for advancement



WWW.PSDSCHOOLS.ORG/CAREERS/BE-A-BUS-DRIVER

November Breakfast Menu

November 2021

Cache La Poudre Elementary

Breakfast

MONDAY

1

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

TUESDAY

2

- Breakfast Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

WEDNESDAY

3

- Strawberry Mini Bagel
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

THURSDAY

4

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

FRIDAY

5

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

8



9

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

10

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

11

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

12

- Oatmeal Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

15

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

16

- Strawberry Mini Bagel
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

17

- Oatmeal Round
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

18

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

19

- Mini Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

22

- WGR Pumpkin Bread or Seasonal Loaf Bread
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

23

- Cinnamon Toast Crunch Soft Filled Bar
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

24



25



26



29

30

November Lunch Menu

November 2021

Cache La Poudre Elementary

Lunch

MONDAY

1

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

TUESDAY

2

- Mac & Cheese
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

WEDNESDAY

3

- Chicken Patty Sandwich
- Chef Salad with Goldfish Crackers
- Pb&J Sandwich
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Strawberries, or Substitute
- Milk Variety
- Assorted Condiments

THURSDAY

4

- Beef & Bean Burrito
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

FRIDAY

5

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Peaches, or Substitute
- Milk Variety
- Assorted Condiments

8



9

- Cheese Calzone & Marinara
- Ham & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

10

- Asian Meatballs & Rice
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Kiwi, or Substitute
- Milk Variety
- Assorted Condiments

11

- Chicken Burrito
- Ham & Cheese Sandwich
- Pb&J Sandwich with Pretzels or Goldfish
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Cantaloupe, or Substitute
- Milk Variety
- Assorted Condiments

12

- Pepperoni Pizza
- Hummus & Veggie Box
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Fresh Plum or Substitute
- Milk Variety
- Assorted Condiments

15

- Chicken Nuggets
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Snap Peas, or Substitute
- Whole Fruit, or Substitute
- Grapes, or Substitute
- Milk Variety
- Assorted Condiments

16

- Cheese Ravioli & Goldfish Crackers
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Carrots
- Whole Fruit, or Substitute
- Applesauce or Fruit Cup or Substitute
- Milk Variety
- Assorted Condiments

17

- Chicken Patty Sandwich
- Chicken Caesar Wrap
- Pb&J Sandwich
- Salad with dressing
- Whole Fruit, or Substitute
- Fresh Raspberries or Substitute
- Milk Variety
- Assorted Condiments

18

- Beef & Bean Burrito
- Turkey & Cheese Sandwich
- Pb&J Sandwich
- Fresh Cherry Tomatoes or Substitute
- Whole Fruit, or Substitute
- Watermelon or Substitute
- Milk Variety
- Assorted Condiments

19

- Cheese Pizza
- Cold Deli Yogurt with Granola
- Pb&J Sandwich
- Fresh Cucumber Slice or Substitute
- Whole Fruit, or Substitute
- Fresh Peaches, or Substitute
- Milk Variety
- Assorted Condiments

22

- Hamburger & Cheeseburger
- Cold Deli Yogurt with Granola
- Pb&J Sandwich with Pretzels or Goldfish
- Fresh Celery Sticks, or Substitute
- Whole Fruit, or Substitute
- Fresh Blackberries or Substitute
- Milk Variety
- Assorted Condiments

23

- Cheese Calzone & Marinara
- Yogurt Parfait
- Pb&J Sandwich with Pretzels or Goldfish
- Bell Peppers, or Substitute
- Whole Fruit, or Substitute
- Orange Wedges
- Milk Variety
- Assorted Condiments

24



25



26



29

30