

September 2021

Pirate Pages

Cache La Poudre Elementary School

3511 W. Cty. Rd. 54G LaPorte, CO 80535

Principal

Landus Boucher

Vice Principal

Colleen Worman

General Information

Office Hours 7:30am - 3:30pm

Phone Numbers

Office 488-7600 Fax 488-7676 Attendance Line

490-3070

*If your child is ill or will not be at school, please leave a message on the Attendance line.

School Hours

8:10am - 2:55pm Supervision begins at 7:55am

Preschool

8:10am - 2:55pm

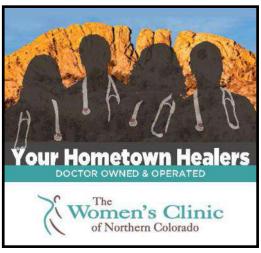
Website

https://cpe.psdschools.org



September Calendar

Thur Sept 2	PTO Meeting	8:15am
Mon Sept 9	School Pictures	8-12
Tue Sept 14	5 th Grade to Eco Day	7:30am-8pm
Tue Sept 14	Lego Engineering After School Program	2:55-4:25pm
Thu Sept 16	Pirate Peg Leg Fundraiser	8-12
Thu Sept 16	Young Rembrandts	2:55-4:00pm
Tue Sept 21	Lego Engineering After School Program	2:55-4:25pm
Thur Sept 23	Young Rembrandts	2:55-4:00pm
Mon Sept 27	Science Matters	2:55-4:00pm
Tue Sept 28	Lego Club After School Pro- gram	2:55-4:25pm
Wed Sept 29	Chess Wizards	2:55-4:00pm
Thur Sept 30	Young Rembrandts	2:55-4:00pm





PAGE 2







IB Coordinator

Hi Families,

I wanted to let you know about a new and exciting opportunity for our younger students in kindergarten through second grade. This year we will have a dedicated weekly time to do some inquiry through play. As you probably know, play is serious business for our youngest children and you may have some inquiries of your own about what this time might look like.



First, I would like to give you a little background information from the International Baccalaureate Organization (IBO) on the topic of play. The IBO believes that play is an essential part of childrens' development.



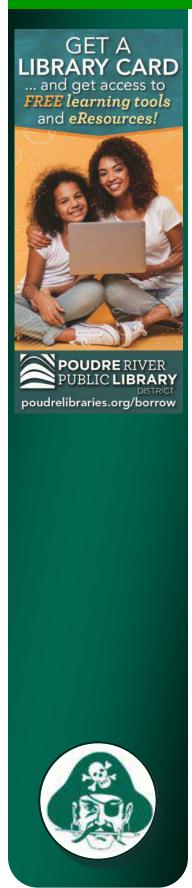
"Experiences during the early years lay the foundation for all future learning. A rapid rate of development during the early years occurs in the physical, emotional, social and cognitive domains. The brain and body develop faster than at any other point in a child's life. Social development also takes shape in these early years as children are naturally inclined to explore, to discover, to play and to make connections between self, others and their entire surroundings. Through these interactions, children form their perception of

themselves and others in the world (Rushton, Juola-Rushton 2010). Supporting children cognitively, socially, emotionally and physically requires that all members of the learning community value these early years in their own right, as a time in which play is the primary driver for inquiry."

continued on next page



PAGE 3



IB Coordinator

continued

Keeping that in mind, we will be offering weekly times to develop our Approaches To Learning Skills (social skills, communication, research, thinking, and self management) through play. This will look a bit different from week to week, but in general children will be given a provocation to consider and then do some experimenting or playing

around with their ideas. Each week we will focus on a particular skill with the goal of building capacity for each Approach To Learning Skill set.

We are very excited about this new opportunity for dedicated inquiry through play! Please reach out if you have any questions.

In Kindness,

Mandy Parton, IB Coordinator



PAGE 4



Health Office

With students returning to school we want to insure the health and safety of everyone at CLPE. Please read the paragraph below to insure you are following protocol.



Please do not send your student to school with the expectation that if they don't feel better, that we will call home. Keep your child home if they don't feel well.

Overall expectations and monitoring at schools and sites:

- Face coverings: Students and staff will be required to wear face coverings that covers their mouth and nose. Parents/guardians are responsible for providing their students with face coverings.
- Please remind your child about the three W's "Wear a mask, wash your hands and watch your distance."
- Students and staff who are sick should stay home to care for themselves and keep others from getting sick.
- Students are separated into cohorts at school, as possible, to reduce contact and possible COVID-19 exposure and to allow for contact tracing as necessary.
- PSD will regularly communicate and monitor developments with local authorities, employees and families about exposures and cases of COVID-19, and keep them informed about updates to policies and procedures. PSD continues to collaborate with county health officials on plans for possible exposure, contact tracing and school closures.

Return to learn guidance

- For students and staff returning to work or school in PSD following a
 positive COVID-19 symptom screen, PSD follows the <u>CDPHE Return to Learn
 guidance for K-12 schools.</u> The Spanish version is available here: <u>Español</u>
 <u>CDPHE Return to Learn Guidance.</u>
- A group of nurses and PSD staff evaluated the guidance that outlines when staff and students can return to work and school.

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Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

SCHOOL

Advertise with The School Newsletter Company

Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com

PAGE 5



Health Office

continued

Note: This guidance is NOT intended for cases or close contacts of COVID-19. A confirmed COVID-19 case or close contact should follow public health isolation or quarantine instructions for return to school/work.

Major symptoms

- Lost of Taste or Smell
- Feeling feverish, having chills, temperature of 100.4 F or greater
- New or worsening cough
- Shortness of breath or difficulty breathing

Major symptom response:

- If symptoms resolve within 24 hours of onset, follow regular return to school illness policies.
- If symptoms DO NOT resolve within 24 hours, either:
- Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.
- Get a PCR or molecular COVID-19 test. If the test is negative, return to school once symptom-free. If positive, follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of feverreducing meds before returning to school.

Minor symptoms

- Sore throat
- Runny nose or congestion
- Muscle or body aches
- Headache
- Fatigue
- Nausea, vomiting
- Diarrhea

Minor symptom response:

- If symptoms resolve within 24 hours of onset, follow regular return to school illness policies.
- If symptoms resolve within 48 hours of onset, follow regular return to school illness policies.
- If symptoms DO NOT resolve within 48 hours, either:
- Follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of fever-reducing meds before returning to school.
- Get a PCR, or molecular COVID-19 test. If the test is negative, return to school once symptom-free. If positive, follow home isolation for 10 days following symptom onset AND 24 hours fever free without use of feverreducing meds before returning to school.

If there are questions about when a student can return to school, the school nurse or PSD health staff will make that determination.



PE News

Welcome back. Here a few reminders as we get back into the groove:

- -Every class will have P.E. once per week. See last months newsletter with PE schedule or ask your child's teacher about PE days.
- -Please remember to have your student(s) bring tennis shoes on their scheduled P.E. day. On bad weather days when students wear snow boots, they can always pack their tennis shoes in their backpacks and change before class.
- -We will have P.E. class outside when weather allows. It's a good idea to bring a jacket on cool days.

Thank you,

Jerome Haas

CLPE Phys Ed



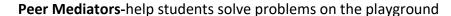
Counseling

Happy September!! I want to take a moment to introduce our Mental Health Team for this school year.



- ♦ Sara Sadd: School Psychologist
- Sarah Bolduc: School Social Worker
- ♦ Sarah Mowder-Wilkins: Mental Health Specialist
- ♦ School Counseling Intern: Ko'l'ula Davis

I am happy to note that, Ko'i'ula, my school counseling intern is from Hawaii, and I am looking forward to her sharing her culture with our CLPE community. I am, also excited to begin this school year with a classroom that is set up as a Yoga Studio. We will continue to have Guidance lessons and yoga once a week for every classroom. Early this fall, since I will be able to have extra class time with 3rd, 4th and 5th graders this year, I am looking forward to starting:



Play Coaches-help students get involved in new games on the playground

Peer Coaches-teach guidance lessons in classrooms



PAGE 7

Counseling

continued

And finally, I am the morning crossing guard for the area between the elementary and the middle school. I want to thank all the parents who make sure to keep their speed low and make a point to stop before driving through the crosswalk. When we get in a hurry and drive quickly through that area without stopping or looking for students possibly entering the crosswalk, we risk causing unthinkable injury to the children who are trying to get to class.

Please! Please! Be mindful and watch out for our precious children! Nothing is so important that we should risk any child's life!!

Ann Lawler-Perry

School Counselor

CLPE PTO

FIRST PTO MEETING IS TOMORROW!

Thursday, September 2 at 8:15am, outdoors!

Shaded area by baseball diamond south of playground (bring lawn chairs/blankets)

Keep informed about what's happening at our school and help make CLPE the best learning environment possible by coming to our monthly meetings and volunteering when you can.

Unable to attend? We also communicate via email if you are unable to attend but would like to be involved and participate in funding request decisions, event planning, etc.

To join PTO, email your name and email address to: PTOclpe@gmail.com



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CLPE PTO continued

UPCOMING EVENTS:

CLPE Rollerland Night: Thursday, September 9, 5-8pm

- Private event for CLPE students/families (no public)
- Masks required
- Look for flyer in children's folders

Pirate Peg Leg Fun Run Fundraiser is coming back this October!

- Stay tuned for info
- Planning is underway! Join the Peg Leg committee to help make it a success by emailing PTOclpe@gmail.com or attending next week's PTO meeting.

GET PTO NEWS & HELP IN OTHER WAYS:

Visit our website at https://clpe.ptboard.com

- View announcements, event calendar, meeting minutes
- Buying Pirate gear like stickers, drink tumblers, etc. (sales go directly to the PTO fund!)

Facebook: <u>www.facebook.com/CLPEPTO</u>

Instagram: @clpe_pto



PAGE 9

CLPE PTO continued





APPLE DOWNLOAD



ANDROID DOWNLOAD



NO MORE CLIPPING! - SCAN THE QR CODE TO DOWNLOAD THE FREE APP!

YOU MAY ALSO TAKE A PICTURE OF YOUR GROCERY RECEIPT AND EMAIL IT TO: CLPEFUNDRAISING@GMAIL.COM



amazonsmile

You shop. Amazon gives.

SCAN THE QR CODE TO GO DIRECTLY TO AMAZONSMILE/CLPE PTO

CONNECT YOUR AMAZON SMILE ACCOUNT TO CLPE PTO, AND A PORTION OF SALES WILL BE DONATED BACK TO THE SCHOOL.



KING SOOPERS COMMUNITY REWARDS

- 1. LOG INTO YOUR ONLINE ACCOUNT
- 2. CLICK ON 'MY ACCOUNT'
- 3. SCROLL DOWN TO COMMUNITY REWARDS
- CLICK 'CHANGE OR ADD ORGANIZATION' TO LAPORTE CONNECTION AKA CLPE PTO



APPLE DOWNLOAD



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SCAN THE OR CODE TO DOWNLOAD THE FREE APP!

OPEN AN ACCOUNT, CONNECT YOUR ACCOUNT TO THE CAUSE: 'CLPE PTO', AND SHOP THOUSANDS OF STORES! A PORTION OF SALES WILL BE DONATED BACK TO THE SCHOOL.



VISIT OLIVERSLABELS.COM/CLPEPTO FOR PERSONALIZED LABELS, TAGS, DECALS AND MUCH MORE!

IN ADDITION, FOUND-IT® LOST & FOUND CODE CAN BE ADDED TO ANY LABEL! YOU WILL AUTOMATICALLY BE NOTIFIED IF A LOST ITEM IS FOUND!

A PORTION OF SALES WILL BE DONATED BACK TO THE SCHOOL.

PAGE 10

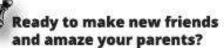
After School Programs

We are excited to start after school programs in person again! This fall we are offering 4 classes. Chess Wizards, Young Rembrandts, Lego Club and Science Matters. Please see the flyers below. These classes are provided by outside vendors that come into the school to teach our students. All registrations and payments are online. If you have questions about the program content, please contact the vendors directly. We will remind your student each day if they have a class after school, however, it is also very helpful for you to do the same. We have used these vendors before and have had very positive feedback from students and parents.



Your brain is your super power.

Are you ready to use it? Join the Chess Wizards community today for fun, friendship and some serious chess skills. All experience levels welcome!



Join Chess Wizards this school year for challenging chess lessons, exciting tournaments, fun team activities, and more!

If you're brand-new to chess, we'll teach you the basics and get you playing in no time. If you're a seasoned checkmate artist, we'll show you new ways to let your creativity loose on the board.

Chess Wizards is...

...one of the largest chess academies in the nation. Every year since 2002, our interactive, discovery-based curriculum inspires thousands of students and parents to challenge themselves through the 'Game of Kings' (and Queens!).

Class Information

Cache La Poudre Elementary School Name:

9/29, 10/6, 10/13, 10/20, 10/27, Dates:

11/3, 11/10, 11/17, 12/1, 12/8

11/24 No Class on:

Wednesday 3:00 - 4:00 PM Class Day and Time:

Total # of Classes:

\$180 TBD Price: Location:

Child Information

Student name:

Grade:

Teacher name:

Emergency Contact person:

Phone No.:

E-mail:

Pick up by: Parent Aftercare

Yes, I would like a 1-year Premium Gold Membership to Chesskid.com





Register at: www.chesswizards.com



Or Call Us at: +1 866-949-4386



Drawing Classes



at Cache La Poudre Elementary

Waiting all summer for Young Rembrandts? We're back with all new ELEMENTARY DRAWING classes. If your kids are new to art or seasoned pros—they will love this class. Don't miss out, enroll now!

Follow us. Like us. Watch us.













Classes

Thursdays 2:55 - 4:00p.m. 09/16/21- 12/16/21* *no class 10/14/21



Tuition

\$168.00 12 Week Session Installment plan available



Enrollment

ENROLL ONLINE at https://bit.lv/37TLza9



Young Rembrandts Fort Collins Co and Cheyenne WY 2601 S Lemay Ave Ste 7436 Fort Collins, Co 80525 Ph: 970-818-3054

Young Rembrandts

Science Matters-Look for flyer coming home soon. Classes start 9/27

STEM Clubs

STEM (Science - Technology - Engineering - Math)

Enrichment Programs





MY AMAZING FLYING MACHINE Zoom your way into this high-flying club. Speed your way through the four forces of flight by making a ping pong ball float, designing your own parachute, sending rockets into the atmosphere, building your own plane, and much more. Soar your way through this aerodynamic club. May the four forces of flight be with you!

SLIMEOLOGY Slimy, Gooey, and Gross. FINALLY, a club all about SLIME. We will make all different kinds of Non-Newtonian Fluids and explore the properties of matter. If you can squeeze it between your fingers and toes, we are going to make it. Floam, Sparkle Slime, and, of course, glow in the dark slime. It's a messy club made for the messiest of us all!





RADICAL REACTION LAB Enter our reaction lab and you will be transformed into a chemist! Create chemical concoctions that fizz, bubble, and ooze. Make your own chemical reactions to create a super polymer bouncy ball, meet the mysterious Mushroom Men, create your own Magic Crystal, and much more. If you like mixing things up, then come get Radical in our lab!



BLAST INTO SPACE SPACE: The Final Frontier! In this club you will train to become a Space Voyager. Learn about our Solar System, Planets, and beyond. Design your own space vehicle. Find out how it would be to live and work in space. Enjoy Astronaut Ice Cream. Build your own squeeze rocket. Don't miss out on this cosmic adventure!

SCIENCE BLOOPERS AND PRACTICAL JOKES OOPS! Is it a blooper or something quite super? Discover the fun behind Serendipity Science as we use some crazy science to do amazing projects. Create your own Talking Cup. Experiment with the vanishing quarter. Have fun with your friends doing Amazing Feats of Science. Astound an audience with our terrific but very scientific magic tricks. Sign up today, and you'll be the one who has the last laugh!





Register at: www.ScienceMatters.tv







Find us on social media! #ScienceMattersinAmerica

1-866-KIDZ FUN (1-866-543-9386)



LEGO Club at Cache La Poudre Elementary

STEM FUNdamentals with Lego® Materials Fall 2021

Tuesdays 2:55pm to 4:25pm Sept. 14 to Nov. 2 Grades 1st-4th

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects such as: Cars, Helicopters and Treehouses. Design and build as never before and explore your crazlest ideas.

At Play-Well TEKnologies, we know that kids are already naturally gifted creators. We strive to provide an environment where students can create without fear of mistakes, explore fundamental STEM concepts through play, and express their creativity in ways they never thought possible. With tens of thousands of LEGO® pieces and the guidance of our passionate instructors, the possibilities are endless!

To register go to play-well.org

Put your zip code in the in the "Find a program near you" box (upper right). Click "Cache La Poudre Elementary" under classes, then click "Register"

8 Sessions - \$136

Questions? Kendra Quinn - kendra@play.well.org or 303-325-6239

COMMUNITY RESOURCES





PVMHP Community Park Bike Repair Clinic/ Reparación de Bicicletas

What: Free Bike Repair and Maintenance Clinics

Que: Reparaciones y mantenimiento de bicicletas

Who: Free repairs available to any PVMHP resident/families

Quién: Reparación gratuita para PVMHP y familias

When: Third Wednesday of each month, May-October 2021

May 19th, June 16th, July 21st, Aug 18th, Sep 15th and Oct 20th

Quando: El tercer miércoles de cada mes Mayo- Octubre

Time: 3:30 pm to 6:30 pm Horas: 3:30 pm to 6:30 pm

For more information, please email Mark@HomewardAlliance.org or Nancy at serviciosfamiliares@homewardalliance.org





Bike Clinics sponsored by Bike Fort Collins.



AUG 26 · SEPT 30 · OCT 28

10:00am - 2:00pm

FIRST PRESBYTERIAN CHURCH
531 S COLLEGE AVE, FORT COLLINS

FREE FOOD AND GIVEAWAYS!!!

PPORTUNITY TO GET ANSWERS & RESULTS
FROM HEALTH CARE PROFESSIONALS
MEDICARE/MEDICAID COUNSELING
VITALS AND GLUCOSE TESTING
DENTAL SCREENINGS
VISION SCREENINGS
BALANCE TESTING
ADVANCE DIRECTIVES
LUNG FUNCTION TESTING
MEDICATION REVIEWS
FLU SHOTS (SEPT & OCT)
NALOXONE EDUCATION



TRANSPORTATION PROVIDED!

HOP ON/OFF THE BUS AT MURPHY CENTER, RESCUE MISSION, OR CATHOLIC CHARITIES

PAGE 17

September Breakfast Menu

September 2021

Cache La Poudre Elementary

Droakfact

				Breakfast	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
B		Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	WW Bagel & cream cheese Yogurt Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Pancake Sausage Wrap BIC Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	
Labor Daye	Breakfast Round Assorted Muffins Assorted Cereal Assortment of Fruit Milk Variety Assorted Juice	Whole Grain Clinnamon French Toast Assorted Muffins Assorted Cereal Assorted Fruit Milk Variety Assorted Juice	Cinnamon Toast Crunch Soft Filled Bar Assorted Muffins Assorted Cereal Assorted Fruit Milk Variety Assorted Juice	Mini Pancakes Cheese Variety, or Substitute Assorted Muffins Assorted Cereal Assortent of Fruit Milk Variety Assorted Juice	
Mini Cinnamon Rolls Assorted Muffins	Breakfast Sausage Ptzza Assorted Muffins	Pancake Sausage Wrap BIC Assorted Muffins	Breakfast Round Assorted Muffins	17	

20

- WGR Pumpkin Bread or Seasonal Loaf Bread Assorted Muffins

Assorted Cereal

Milk Variety

Assorted Juice

Assortment of Fruit

- Assortment of Fruit

- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice
- Assorted Cereal
- Assortment of Fruit
- Milk Variety

Assorted Juice

- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice



- Assorted Cereal
- Milk Variety
 - Assorted Juice

Mini Pancakes

Assorted Muffins

Assortment of Fruit

Assorted Cereal

Milk Variety

Assorted Juice

21

- Whole Grain Cinnamon
- French Toast
- Assorted Muffins
- Assorted Cereal
- Milk Variety Assorted Juice
- Assortment of Fruit

Assorted Muffins

Breakfast Sausage Ptzza

- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

23

- Breakfast Round
- Assorted Muffins Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

24

- Mint Cinnamon Rolls
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit
- Milk Variety
- Assorted Juice

27

- 28
- Cheese Variety, or Substitute Filled Bar
 - Assorted Muffins
 - Assorted Cereal
 - Assortment of Fruit
 - · Milk Variety Assorted Juice

29

22

- Cinnamon Toast Crunch Soft Breakfast Round
 - Assorted Muffins
 - Assorted Cereal
 - Assortment of Fruit
 - Milk Variety
 - Assorted Juice

30

- WW Bagel & cream cheese
- Yogurt
- Assorted Muffins
- Assorted Cereal
- Assortment of Fruit Milk Variety
- Assorted Juice

September Lunch Menu

Contember 2021

Cacho La Doudro Flomontano

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Orange Chicken & Rice Cold Delt Yogurt with Granola PB&J Sandwich with Pretzels or Goldfish Fresh Cucumber Slice or Substitute Whole Fruit, or Substitute Fresh Kiwl, or Substitute Milk Variety Assorted Condiments	Chicken Burrito Ham & Cheese Sandwich	Pepperoni Pizza Cold Deli Yogurt with Granola
Labor Day	Mac & Cheese Turkey & Cheese Sandwich Pb&J Sandwich Fresh Carrots Whole Fruit, or Substitute Applesauce or Fruit Cup or Substitute Milk Variety Assorted Condiments	Chicken Patty Sandwich Chef Salad with Goldfish Crackers Pb&J Sandwich Salad with dressing Whole Fruit, or Substitute Fresh Strawberries, or Substitute Milk Variety Assorted Condiments	Beef & Bean Burrito Turkey & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments	Cheese Pizza Cold Deli Yogurt with Granola Pb&J Sandwich Fresh Cucumber Slice or Substitute Whole Fruit, or Substitute Fresh Peaches, or Substitute Milk Variety Assorted Condiments
Chicken Drumstick with Goldfish Cold Deli Yogurt with Granola PB&J Sandwich with Pretzels or Goldfish Fresh Celery Sticks, or Substitute Whole Fruit, or Substitute Fresh Blueberries, or Substitute Milk Variety Assorted Condiments	Cheese Calzone & Marinara Ham & Cheese Sandwich PB&J Sandwich with Pretzels or Goldfish Bell Peppers, or Substitute Whole Fruit, or Substitute Orange Wedges Milk Variety Assorted Condiments	Orange Chicken & Rice Cold Deli Yogurt with Granola PB&J Sandwich with Pretzels or Goldfish Fresh Cucumber Slice or Substitute Whole Fruit, or Substitute Fresh Klwi, or Substitute Milk Variety Assorted Condiments	Chicken Burrito Ham & Cheese Sandwich PB&J Sandwich with Pretzels or Goldfish Salad with dressing Whole Fruit, or Substitute Fresh Cantaloupe, or Substitute Milk Variety Assorted Condiments	No School
Chicken Nuggets Cold Dell Yogurt with Granola Pb&J Sandwich Fresh Snap Peas, or Substitute Whole Fruit, or Substitute Grapes, or Substitute Milk Variety Assorted Condiments	Cheese Ravioli & Goldfish Crackers Turkey & Cheese Sandwich Pb&J Sandwich Fresh Carrots Whole Fruit, or Substitute Applesauce or Fruit Cup or Substitute Milk Variety Assorted Condiments	Chicken Patty Sandwich Chicken Caesar Wrap Pb&J Sandwich Salad with dressing Whole Fruit, or Substitute Fresh Raspberries or Substitute Milk Variety Assorted Condiments	Beef & Bean Burrito Turkey & Cheese Sandwich Pb&J Sandwich Fresh Cherry Tomatoes or Substitute Whole Fruit, or Substitute Watermelon or Substitute Milk Variety Assorted Condiments	Cheese Pizza Cold Dell Yogurt with Granola Pb&J Sandwich Fresh Cucumber Silce or Substitute Whole Fruit, or Substitute Fresh Peaches, or Substitute Milk Variety Assorted Condiments

- Whole Fruit, or Substitute
- Fresh Blackberries or Substitute
- Milk Variety
- **Assorted Condiments**

- Orange Wedges
 Milk Variety
 Assorted Condiments

- Whole Fruit, or Substitute
- Fresh Kiwl, or Substitute
- Milk Variety
 Assorted Condiments

- Hamburger & Cheese Darger Cheese Calzone & Marinara Cold Deli Yogurt with Granola Yogurt Parfait PB&J Sandwich with Pretzels PB&J Sandwich with Pretzels Or Goldfish PB&J Sandwich with Pretzels Or Goldfish Bell Peppers, or Substitute Whole Fruit, or Substitute Substitut

 - Honeydew Melon or
 - Substitute Milk Variety
 - Assorted Condiments