



February 2021

Pirate Pages

Cache La Poudre Elementary School

3511 W. Cty. Rd. 54G
LaPorte, CO 80535

Principal
Landus Boucher

Vice Principal
Colleen Worman

General Information

Office Hours
7:30am - 3:30pm

Phone Numbers
Office 488-7600
Fax 488-7676
Attendance Line
490-3070

**If your child is ill or will not be at school, please leave a message on the Attendance line.*

School Hours
8:10am - 2:55pm
Supervision begins at 7:55am

Preschool
8:10am - 2:55pm

Website
<https://cpe.psdschools.org>



February Calendar

Feb 1	Schools on the Move begins	
Feb 8	2 nd Round of School of Choice opens	
Feb 10	Picture retakes	8:00-9:00
Feb 15	No School	Teacher Work Day
Feb 18	Mental Health Matters Class	See link below

Principal's Message

Pirates,

February should be a great month for Cache La Poudre Elementary School. Watching your children flourish with the guidance of the fantastic teachers at CLPE is truly a pleasure each day. While visiting classrooms, I witness children who are engaged and excited about their learning. Each morning your child enters CLPE with the desire to be a little smarter by the end of the day. This is a challenge that we take seriously at CLPE. Our teachers are constantly looking for new ways to improve the skill and craft of

continued on next page

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Principal's Message

continued

teaching. From the 8:10 bell to the 2:55 bell, teachers are working very hard to provide opportunities and experiences for our students to learn the much-needed skills to be successful in life. I am very proud of the children and teachers at CLPE.

With your help as a parent, I want to challenge our students to take an active role in their education. Talk with your child about the importance of participating in the activities in class. Encourage your child to raise their hand and ask a question. Remind them there is no shame in saying, "I don't understand. Could you go over that again?" This lets teachers know that your child is engaged. Teachers use feedback to decide if they need to slow down, to start over, to try a different approach, or to move ahead. Also, be a good role model. Make sure your child is at school and on time every day. Show them the importance of preparation and punctuality.

We are now past the halfway mark of the school year. We hope we will be able to have much fewer transitions and instead will be able to stabilize and meet our students' needs in person. CLPE staff are focused and committed to meeting all students where they are and supporting them to make strong academic and social/emotional growth. Students are continuing to receive challenging learning opportunities daily, whether it is through differentiated instruction or additional support and extra practice.

February is a short and busy month for students. We are fast approaching the 100th day of school and now into the second half of the school year. Look for your teacher's guidance for how they will organize Valentine's Day

continued on next page



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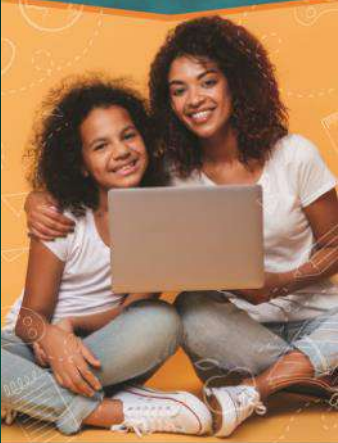
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poudrelibraries.org/borrow



Principal's Message

continued

activities. This month we also start our Schools on the Move school-wide challenge. This is a great program that motivates students and staff to embrace healthy habits. Please be on the lookout for more detailed information.

I would like to extend a "heart felt" thank you for all you do to support your children and for giving us the honor of inquiring with them!

Be well and stay pirate strong! ❤️

Ms. Boucher

Kindergartners

Our kindergartners are so excited to be back in the school building! Each morning Ms. Haralson's class starts their day with "stinky feet" yoga. The kids get to take off their shoes and do some yoga before they have their Morning Meeting.

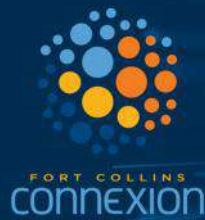


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Attendance

Please call the attendance line or go to Parentvue to report your child's absence or if they will be tardy to school. Attendance line is 970-490-3070. If you need help with Parentvue, please call the office at 970-488-7600.



COVID-19 GUIDANCE

Can I go to school today?

At-home symptom screening for parents and staff

Parents and guardians can use these symptom checklists to determine when to keep their child at home based on the level of COVID-19 transmission in their community (e.g. Is the community in Protect Your Neighbor or Safer at Home or Stay at Home). School staff can also use this tool to determine if they need to stay at home. Any student or staff diagnosed with COVID-19 or who is a close contact of a COVID-19 case should not go to school and should isolate or quarantine according to public health recommendations.

These lists refer only to new symptoms or a change in usual symptoms. A student/ staff should not be kept home for usual symptoms they experience due to a chronic condition unless they are worse than usual. These guidelines are in addition to your regular school guidance (for example, a child with vomiting should also not attend school based on usual school guidance).

If your child is/ you are experiencing any potentially life-threatening symptoms please call 911.

Low Community Transmission (Protect Your Neighbors):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- ☐ Feeling feverish, having chills, or temperature 100.4°F or higher.
- ☐ New or unexplained persistent cough.
- ☐ Shortness of breath.
- ☐ Difficulty breathing.
- ☐ Loss of taste or smell.

Sustained Community Transmission (Safer at Home or Stay at Home):

If any of the following symptoms are present, keep the child at home/ stay at home, inform the school of symptoms, and reach out to a health care provider about COVID-19 testing and next steps for treatment.

- ☐ Feeling feverish, having chills, or temperature 100.4°F or higher.
- ☐ New or unexplained persistent cough.
- ☐ Shortness of breath.
- ☐ Difficulty breathing.
- ☐ Loss of taste or smell.
- ☐ Fatigue.
- ☐ Muscle aches.
- ☐ Headache.
- ☐ Sore throat.
- ☐ Nausea or vomiting.
- ☐ Diarrhea.
- ☐ Runny nose or congestion.

COVID-19 At-home symptom screening for parents UPDATED 08/13/20

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Physical Education

Tennis Shoes

With snowy weather here, be sure your students pack their tennis shoes on their P.E. days. They will be given time to change before class.

The 5210+ Challenge is Here!

The Challenge will take place during the month of February. Students will track their daily health habits, with the goal of checking 80 boxes on their Log Sheet. The Challenge is online this year, and Log Sheets will be emailed to students and families the last week of January. If you need a Log Sheet, contact Mr. Haas or the office.

What is the 5210 Challenge?



The Schools on the Move Challenge is On. This is a month long program during February to encourage students, school staff and families to learn and practice the 5210+ healthy habits.

The goal is to get

- 5 fruits and vegetables,
- no more than 2 hours of recreational screen time,
- 1 hour or more of physical activity,
- 0 sugary drinks and
- 9 or more hours of sleep

EVERY DAY!

School challenge-The top 15 small schools with highest percentage of participants will be awarded \$1500, \$1200, \$1000, \$750, \$500, \$250.

Please look for email from Mr. Haas with more information about the Schools on the Move Challenge!

continued on next page



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Physical Education

continued

WALKING TO SCHOOL IS A GREAT WAY TO GET THAT PHYSICAL ACTIVITY IN!!



Ms. Roddy's Class is crunching it in Math!



What is in happening in the Art Room with Mrs. Awsumb-Conn

We have a new student teacher, Ms. Hinchsliff! She is finishing up her time at Colorado State University and will be with us until the end of February. She is very excited to help teach and create art with all students. We began the new year online doing many projects and the students made wonderful artwork. Now we have begun our time in person! Here are a few positive moments so far:

- Students have been able to work with hands on materials which gives them an opportunity to get messy and have fun.
- Because we can have better class discussions, students are sharing more of their thoughts and ideas!
- We get to SEE the process and share while all students work!

We have half of the classes every other week on Tuesday, Wednesday, Thursday and Library/WonderLab on Monday and Friday. It has been so fun to see the students on consecutive days and watch their creativity grow! With many COVID-19 health precautions, the students have been awesome with masks, social distancing and patience. Because art is still in the classroom, we are being very aware about the sharing of supplies and sanitation in between classes. We have shields that sit on each table to give each student their own protected workspace.

What are we working on?

Kindergarten - Creating wonderful pieces of art from accidents or mistakes through the book, Beautiful Oops by Barney Saltzberg. The students have created clay pinch pots to design and paint.

1st - Making their own paper through tissue paper pulp! We worked on contour line drawings then used tissue paper pulp to fill in the drawing!

2nd - Creating their own animal or creature by using egg cartons for the heads. The students have so many great ideas!

3rd - Sculpting different fish out of clay. The fish will soon be fired and ready to add color!

4th - Combining science and art into one exciting circuitry project. Students are designing patterns and optical illusions on a triangular prism. The second step is to complete the circuit and create a night light.

5th - Sculpting our very own fake sweet treat through model magic clay! Be sure to not be tricked!

Library/WonderLab with Mrs. Awsumb-Conn:

Students will be able to check out books and participate in Makers Lab activities on Mondays and Fridays!



Music Notes-February 2021**Phase 4 Music**

As we returned to Phase 4 in January, music was initially offered in the grade level classrooms. We spent our first two class sessions watching the Virtual Fort Collins Symphony's Youth Education Series (YES) Concert. While this is normally a field trip for grades 4 and 5, this year required a virtual setting, which allowed all students to view the concert.



Beginning in February, music class will be held in the music room. By removing choir risers and other large items, we will have enough space for students to be separated by approximately six feet, which will allow us to safely hum. Singing in person will still be avoided as the guidelines require 12 feet of distance for even masked singing. Students will be asked (and reminded) to bring their drumsticks and other items, like pencils, from their classrooms as needed for music class. Any materials used by multiple classes will be sanitized between uses and/or allowed to sit unused for at least 24 hours between uses. We will replicate classroom seating arrangements as closely as possible. We will do everything in our power to keep students safe!

Thank you very much for helping your students complete the music survey. As we move forward, songs mentioned by each class will be considered for drum-along and freeze dance music!

Quaver Music Reminder

Our district has a special license and website for accessing student accounts through Quaver Music. These accounts are automatically created by our district technology team, and you do not need to create a username or password. Be sure to visit www.tinyurl.com/PSDQuaver and sign in using your student's PSD email and password. If you are asked to answer Yes or No, click No. Then you should be at the student dashboard, where your student can explore items like the "Creatives" and/or click "Assignments" to complete outside work.

PLEASE NOTE: DO NOT access Quaver through the Quaver website-it won't work with our special logins/accounts. Be aware that when you "Sign Out" from your Quaver account, you will be automatically sent to the main Quaver page, but that page will not work for your PSD login. You can click the tinyurl link in my emails, or the Quaver button on the home page of Mrs. Flail's Learning Page. You can also bookmark the page when you are logged in! Let me know if you have questions or problems.

continued on next page



Music Class

continued

Music Programs:

At this time, it continues to appear unlikely that we will be able to hold any in-person performances, though we continue to monitor the public health situation and the safety recommendations. If we are unable to perform in-person, we will

work to create some sort of virtual performance, depending on available technology and time for editing. Thanks for your patience and understanding!

As always, please contact me with any questions or concerns.

Melissa Flail mflail@psdschools.org 222-8007 (call or text)

PSD Meal Distribution

Curbside meals are no longer available at CLPE. They are available at the following locations between 11am-12pm.

Jan. 25 through the end of the school year

11 a.m. to noon at these sites:

Boltz Middle School
Kinard Middle School
Lincoln Middle School
Webber Middle School

Mobile meal sites (buses)

Beginning Jan. 25, meals will be available from 11 a.m. to noon

PSD Meals

2025 N. College Ave.
820 Merganser Dr.
401 N. Timberline Rd.
Cloverleaf Community Clubhouse, 4412 E. Mulberry St.
Mummy Range at the Clubhouse



Parent Teacher Organization (PTO)

Please join the PTO in appreciating all the hard work the teachers and staff have been doing at CLPE this school year! We will be collecting individually wrapped, store bought, treats on February 9th and 10th to then assemble into approximately 50 gift baskets to distribute to all of the teachers and staff. Some items you may consider donating are individually wrapped nuts, beef jerky, snacks, chocolates, \$5 gift cards, coffee, tea, candles, etc. If you would prefer to give a cash donation, that money will be put towards the purchase of the gift baskets or its contents. Due to current circumstances, please no homemade items. You can drop off your prepackaged giftable items at CLPE on February 9th or 10th during the morning drop off time from 8-8:10. There will be a table set up marked with a balloon at the drive through drop off on the west side of the school to collect the donations. Thank you for helping us show our appreciation to CLPE for their continued hard work and dedication to our kids during this challenging year!

In lieu of our annual Peg Leg Parade fundraiser, which we rely upon as the main source of school funding, the CLPE PTO has set up this ONGOING fundraiser to sell some great CLPE Pirate merchandise such as personalized drink tumblers, stickers and decals (see few samples below). Orders received will be distributed monthly. See the website at <https://clpe.ptboard.com> for more info or to place an order.



Regular PTO meetings have been changed for the rest of this year- they will all be virtual, and we will only be having them on the first Thursday of March and May, at 9:30 am, via Zoom. That's March 4 and May 6, 9:30 am, via Zoom. If you are interested to get on the PTO mailing list, send an email to ptoclpe@gmail.com and make the request. We will be sending out the Zoom link to the meeting via the PTO email.



The graphic features a large blue brain shape filled with various STEM-related icons: a rocket, a laptop, a book, a lightbulb, a gear, a funnel, a pie chart, a magnifying glass, a speech bubble, a padlock, a play button, a mail icon, a musical note, a person icon, a bar chart, and a plus sign. Below the brain is the STEM-X logo, which consists of a colorful burst of lines radiating from a central point, followed by the text "STEM-X" in a bold, sans-serif font. To the right of the logo is the text "June 7-18, 2021 Summer Programs". Below the logo is the tagline "SPARK PASSION. BUILD CONFIDENCE. INSPIRE ACTION."

Elementary | 3rd - 5th grade*
Middle School | 6th-9th grade*
(*Students entering these grades in Fall 2021)

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Escuela intermedia | Grados 6 a 9*

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20
21

MENTAL HEALTH MATTERS PRESENTS:

THE UPSIDE OF STRESS

Are you experiencing Covid fatigue? Would you like to "tend and befriend" or "excite and delight" in stress to make it work for you? Join Amanda Brantley, Poudre School District Wellness Coordinator, and Heidi Thompson, school counselor at Olander Elementary, for "Stress School."

Learn how you and your student can reframe your stress, renew your resilience, restore your energy, and revive your relationships. This interactive evening will focus on how our perceptions and practices contribute to our health and wellbeing. Simply by changing our mindset about stress, we can form habits that build our resilience and add tools to our toolbox to modulate our "stressometers" in school, in the workplace, and at home.

FEBRUARY 18, 2021
6:30-8:30PM



SCAN THE QR CODE TO THE LEFT TO REGISTER FOR THE EVENT. YOU WILL BE SENT A LINK ON THE DAY OF THE EVENT OR YOU CAN FIND THE LINK ON THE PSD HOMEPAGE
(HOLD YOUR PHONE CAMERA UP TO THE GRID AND A LINK WILL APPEAR)

20
21

MENTAL HEALTH MATTERS PRESENTS:

THE UPSIDE OF STRESS

¿Está experimentando fatiga por Covid? ¿Le gustaría "atender y hacerse amigo" o "emocionar y deleitarse" con el estrés para que funcione para usted? Únase a Amanda Brantley, coordinadora de bienestar del distrito escolar de Poudre, y a Heidi Thompson, consejera escolar de la escuela primaria Olander, para "Stress School".

Aprenda cómo usted y su estudiante pueden replantear su estrés, renovar su resiliencia, restaurar su energía y revivir sus relaciones. Esta noche interactiva se centrará en cómo nuestras percepciones y prácticas contribuyen a nuestra salud y bienestar. Simplemente cambiando nuestra mentalidad sobre el estrés, podemos formar hábitos que fortalezcan nuestra capacidad de recuperación y agregar herramientas a nuestra caja de herramientas para modular nuestros "medidores de estrés" en la escuela, en el lugar de trabajo y en el hogar.

18 DE FEBRERO DE 2021**6: 30-8:30PM**

ESCANEE EL CÓDIGO QR A LA IZQUIERDA PARA REGISTRARSE PARA EL
EVENTO. SE LE ENVIARÁ UN ENLACE EL DÍA DEL EVENTO O PUEDE
ENCONTRAR EL ENLACE EN LA PÁGINA DE INICIO DE PSD
(SOSTENGA LA CÁMARA DE SU TELÉFONO CONTRA LA CUADRÍCULA Y
APARECERÁ UN ENLACE)

February Breakfast Menu

February 2021

Cache La Poudre In-Person
Breakfast

MONDAY

1

- Pancake Sausage Wrap BIC
- Muffin: Assorted Flavors
- Whole Fruit, or Substitute
- Lowfat Milk

TUESDAY

2

- Breakfast Sausage Pizza
- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

WEDNESDAY

3

- Egg & Cheese Breakfast Burrito
- Muffin: Assorted Flavors
- Fresh Berries, or Substitute
- Lowfat Milk

THURSDAY

4

- Breakfast Round
- Cereal Variety
- Fresh Berries, or Substitute
- Lowfat Milk

FRIDAY

5

- WG Seasonal Loaf Bread
- WGR Grahams Crackers
- Yogurt
- Whole Fruit, or Substitute
- Lowfat Milk

8

- Mini Cinnamon Rolls
- Muffin: Assorted Flavors
- Whole Fruit, or Substitute
- Lowfat Milk

9

- Breakfast Round
- Cereal Variety
- Whole Fruit, or Substitute
- Lowfat Milk

10

- Pancakes & Sausage
- Muffin: Assorted Flavors
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

11

- French toast sticks
- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

12

- WW Bagel & cream cheese
- WGR Grahams Crackers
- Yogurt
- Fresh Berries, or Substitute
- Lowfat Milk

15



16

- Pancake Sausage Wrap BIC
- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

17

- Breakfast Sausage Pizza
- Muffin: Assorted Flavors
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

18

- Breakfast Round
- Cereal Variety
- Fresh Berries, or Substitute
- Lowfat Milk

19

- WG Seasonal Loaf Bread
- WGR Grahams Crackers
- Yogurt
- Whole Fruit, or Substitute
- Lowfat Milk

22

- Mini Cinnamon Rolls
- Muffin: Assorted Flavors
- Whole Fruit, or Substitute
- Lowfat Milk

23

- Egg & Cheese Breakfast Burrito
- Cereal Variety
- Whole Fruit, or Substitute
- Lowfat Milk

24

- French toast sticks
- Sausage Patty
- Muffin: Assorted Flavors
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk

25

- WW Bagel & cream cheese
- Cereal Variety
- Applesauce or Fruit Cup or Substitute
- Lowfat Milk


26

- Pancakes & Sausage
- WGR Grahams Crackers
- Yogurt
- Fresh Berries, or Substitute
- Lowfat Milk

February Lunch Menu

February 2021

Cache La Poudre In-Person
Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> • Rotini & Meatballs • Turkey Club Wrap • Grapes • Snap Peas & Red Bell Peppers, or Substitute • Chocolate Milk 	2 <ul style="list-style-type: none"> • Homemade Chili with Goldfish Crackers • Pb&J Sandwich • Applesauce & Fruit Cup or Substitute • Carrots & Celery Sticks, or Substitute • Chocolate Milk 	3 <ul style="list-style-type: none"> • Cheeseburger • Pb&J Sandwich • Fresh Berries, or Substitute • Fresh Broccoli, or Substitute • Chocolate Milk 	4 <ul style="list-style-type: none"> • Mac & Cheese • Yogurt Parfait • Fresh Pear • Cherry Tomatoes & Cucumber Slices or Substitute • Chocolate Milk 	5 <ul style="list-style-type: none"> • Chicken Drumsticks • Turkey & Cheese Sandwich • Whole Fruit, or Substitute • Salad with dressing • Chocolate Milk
8 <ul style="list-style-type: none"> • Cheese Pizza • Pb&J Sandwich • Fresh Berries, or Substitute • Carrots & Celery Sticks, or Substitute • Chocolate Milk 	9 <ul style="list-style-type: none"> • Chicken Patty Sandwich • Turkey Club Wrap • Whole Fruit, or Substitute • Snap Peas & Red Bell Peppers, or Substitute • Chocolate Milk 	10 <ul style="list-style-type: none"> • Chicken Burrito • Pb&J Sandwich • Fresh Pear • Cherry Tomatoes & Cucumber Slices or Substitute • Chocolate Milk 	11 <ul style="list-style-type: none"> • Cheese Calzone & Marinara • Turkey & Cheese Sandwich • Grapes • Salad with dressing • Chocolate Milk 	12 <ul style="list-style-type: none"> • Chicken Patty Sandwich • Yogurt Parfait • Whole Fruit, or Substitute • Fresh Broccoli, or Substitute • Chocolate Milk
15 	16 <ul style="list-style-type: none"> • Chicken Alfredo • Pb&J Sandwich • Applesauce & Fruit Cup or Substitute • Carrots & Cucumbers Slices, or Substitute • Chocolate Milk 	17 <ul style="list-style-type: none"> • Tomato Soup & Grilled Cheese HS • Pb&J Sandwich • Fresh Berries, or Substitute • Fresh Broccoli, or Substitute • Chocolate Milk 	18 <ul style="list-style-type: none"> • Hot Dog • Chef Salad • Fresh Pear • Cherry Tomatoes & Celery Sticks or Substitute • Chocolate Milk 	19 <ul style="list-style-type: none"> • Chicken Nuggets • Chicken Caesar Wrap • Whole Fruit, or Substitute • Salad with dressing • Chocolate Milk
22 <ul style="list-style-type: none"> • Cheese Calzone & Marinara • Chef Salad • Applesauce & Fruit Cup or Substitute • Carrots & Celery Sticks, or Substitute • Chocolate Milk 	23 <ul style="list-style-type: none"> • Pepperoni Pizza • Chicken Caesar Wrap • Fresh Berries, or Substitute • Snap Peas & Red Bell Peppers, or Substitute • Chocolate Milk 	24 <ul style="list-style-type: none"> • Chicken Patty Sandwich • Pb&J Sandwich • Fresh Pear • Cherry Tomatoes & Celery Sticks or Substitute • Chocolate Milk 	25 <ul style="list-style-type: none"> • Cheeseburger • Cold Deli Yogurt with Goldfish • Grapes • Salad with dressing • Chocolate Milk 	26 <ul style="list-style-type: none"> • Chicken & Waffles • Pb&J Sandwich • Whole Fruit, or Substitute • Fresh Broccoli, or Substitute • Chocolate Milk