

Cache La Poudre Elementary School 3511 W. Cty. Rd. 54G LaPorte, CO 80535

PrincipalLandus Boucher

Vice Principal
Colleen Worman

General Information

Office Hours 7:30am - 3:30pm

Phone Numbers
Office 488-7600
Fax 488-7676
Attendance Line

490-3070

*If your child is ill or will not be at school, please leave a message on the Attendance line.

School Hours

8:10am - 2:55pm Supervision begins at 7:55am

Preschool AM 8:15 - 11:45 PM 12:20 - 3:05

Website
https://cpe.psdschools.org



September 2020

Pirate Pages

From the Principal

Welcome back to school! We have had an interesting start to the beginning of the year. We are all navigating this still unfamiliar way of connecting with our students and families. I am so appreciative of our families working with us to be problem solvers and risk takers. I realize everyone is having to support our students in different and sometimes unfamiliar ways. Our students, parents and teachers have problem solved through getting technology, getting online, and



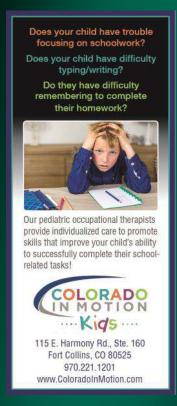
beginning to connect with each other. Many of the things that were so simple are now taking a lot of behind the scenes time to prepare. For example, the recording of the morning announcement seems simple, but is taking a half hour or more to put together for the next day. In the past the preparation would have been at most 5 minutes and the execution 3 minutes. The behind the scenes prep work should get easier, but in the meantime it can feel draining. As our students begin school from home, I am sure you all can relate to the newness of the situation. As we progress with our technology skills, we will be able to focus more on content and differentiation to meet the varied levels of our learners better. We are trying to balance enough synchronous learning and support while recognizing the burnout that can happen to all of us if we are continuously on a computer screen. We are also keenly aware of the importance of building community and relationships though it looks

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PAGE 2



From the Principal

continued

different through the screen. As our students continue to build skills, know it is ok and expected for them to grapple with new ideas and new learning. The more independence they gain the more they will be able to engage with their teachers and classmates with the wonder of learning new concepts and practicing increasing fluency with new content. Support your students by having a dedicated workspace as well as helping them understand how to engage with their class, but don't feel as though you have to help as much with the content, but instead focus on them knowing how to get where the teacher is asking them to go. We are in this together and feel supported by our community. Thank you again for helping your student navigate remote learning.

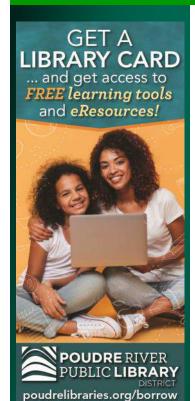
Please reach out if you have any questions or areas that still need to be problem solved together to help our students have a positive experience.

Landus Boucher—Principal lboucher@psdschools.org



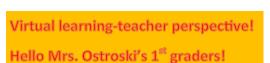


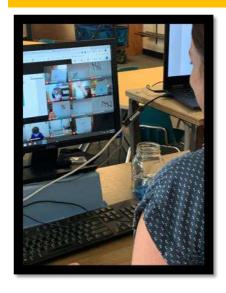
PAGE 3



OUR SIDE OF VIRTUAL!

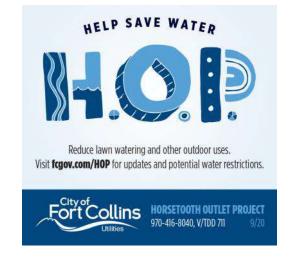
Virtual Art with Mrs. Awsumb-Conn and amazing 5th graders!













PAGE 4



OUR SIDE OF VIRTUAL!



Hey Mrs.
Donovan's 2nd
Grade! Keep
on doing such
a great job!



Ms. Kehl's 3rd Grade working hard!



Reach Parents in Larimer County through our mobile-ready newsletters

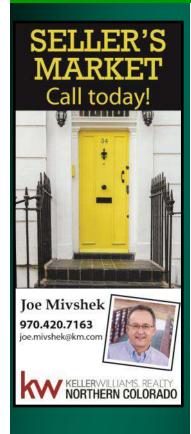
Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



PAGE 5





While the start of the school year is virtual, when we return for in person learning, it would be a good idea to prepare. Here are a few important reminders from the school nurses.

- Fill your EpiPens and inhalers early! Pharmacies run low at the beginning of the school year.
- Obtain a prescription for school medications from your child's doctor. And fill out the Health Care Action Plan and medication authorization forms found on the health services page on the school district website.
- All medications in school needs to be coordinated with the school nurse.
- Each medication needs to have its own authorization to administer medication form
- Fill out your meal modification forms signed by doctor located under Student health services on the school district website.
- We are collecting forms for this school year even though it is online. When students do return the forms will be ready to go
- Please hold any medication until your student returns to in class learning.

*** If you have not done so, please submit your student's current immunization record to the school.

If you have any questions, please reach out to

Sheri Furlott, School Nurse Trish Rundquist, Health Tech

970-556-5904 <u>sfurlott@psdschools.org</u> 970-488-7600

5th Grade Virtual ECO-WEEK



This school year will always be remembered for all the strange things we need to do to stay safe and also for the things that we learned in a very different way. Eco week for 5th graders is one of those things. With creativity and humor, Mr. Mosley and Mrs. Pfeiffer created a virtual Eco Week. On the pick-up day, the kids picked up a sealed "Top Secret Bag" that held their Eco-Week materials that they would need. The teachers' mission was to teach 5th graders about the natural world, how to survive in the wilderness, and to just have some good old fun!



What do you need the most to survive in the wilderness? Using playdough, students created their version of what was needed. Ax, tent, food, Swiss army knife, rope, and clothing. All useful items for survival in the wilderness. After their lessons, what will they create? The students also participated in a "survival scenario" where their camper ran out of gas and they could only bring some items with them to make the 60-mile hike out to

civilization. Some of them made it out unscathed, while others were in desperate need of medical treatment.

The kids missed out on some of the "challenge by choice" activities, so the teachers held a "minute-to-win-it" challenge with straws and Cheerios.

What would Eco-Week be without a campfire? The 5th graders participated

in a virtual campfire while enjoying their microwaved s'mores. After s'mores, sing -a-long songs were sung (or as well as possible on a group chat with 48 students!)





Music Notes-September 2020

Welcome!

It is certainly a new and different beginning to school this year! While there are challenges and limitations to online music class, I am committed to making music with your students, and helping them learn as much as they can in the time we have together, whether virtually or in-person. Please keep reading for more information about this year—at least as we know it at this point!

Music classes through Google Meets

We will continue to meet using Google Meets, which can be accessed through the Google Classroom and/or via the links on the learning pages. I will be resetting links each week, and the link will not be visible until about 5-10 minutes before music class. This helps maintain my ability to manage the Google meeting. Anytime that your student has trouble accessing the Google meeting, it is a good idea to try logging out and back in, clearing the cache on your browser/computer, or restarting the computer. You can always email or text me (mflail@psdschools.org or 222-8007) and I will get back to you as soon as I can, but this may not be during that meeting time. Thanks for your efforts and patience!

Music Class Content and Work Time Outside of Class

As we move forward, we will always make music, listen to music, and move to music during music class. There will be some "homework" assignments that are required, and some that are optional. Your student should not need to spend more than 30 minutes per week working outside of music class time. Assignments will be made available through Google Classroom or through Quaver Music. Keep reading for instructions on accessing Quaver.

Quaver Music

Our district has a special license and website for accessing student accounts through Quaver Music. These accounts are automatically created by our district technology team, and you do not need to create a username or password. Be sure to visit www.tinyurl.com/PSDQuaver and sign in using your student's PSD email and password. If you are asked to answer Yes or No, click No. Then you should be at the student dashboard, where your student can explore and/or click "Assignments" to complete outside work. I will especially use this for Quaver's excellent informative videos, so that we can spend our class time learning and interacting together.



Music Notes-September 2020

continued

PLEASE NOTE: DO NOT access Quaver through the Quaver website-it won't work with our special logins/accounts. Be aware that when you "Sign Out" from your Quaver account, you will be automatically sent to the main Quaver page, but that page will not work for your PSD login. You can click the tinyurl link in my emails, or the Quaver button on the home page of Mrs. Flail's Learning Page. You can also bookmark the page when you are logged in! Let me know if you have questions or problems.

Music Programs:

We had several programs that we were unable to perform last year, and we may not be able to perform live and in-person this year. Depending on health guidelines and research studies, we may not even be allowed to sing or play instruments during in-person learning phases of the year. This means that we may or may not be able to make up last year's concerts, and we may or may not have live program performances for this year's music classes. I will do everything I can to create some sort of performance experience for every student, and will keep you posted via newsletters and emails. The same goes for our typical extracurricular activities like RiverSong Choir and Modern Band—we will need to wait and see what is possible!

Thank you for your efforts in supporting your students in all areas of remote learning. We appreciate you all SO much!

As always, please contact me with any questions or concerns. My CLPE days are: all day on Tuesday and Thursday, and in the middle of the day on Wednesday.

Melissa Flail

mflail@psdschools.org

222-8007 (call or text)



Technology

Tech Support is available for parents that are having technology issues. Online answers are available at https://techportal.psdschools.org/ This may answer questions about connectivity, computer issues and other information. You can also call the tech support line at 970-490-3339 or email covidtechhelp@psdschools.org.



What's for lunch? Any questions regarding meals, menus, meal payments, free reduced lunch, meal modification forms (for when we come back to school) and nutrition can be found using the following link:

https://tinyurl.com/y5ty26t8

After School Care

AlphaBest is the afterschool provider for Poudre School District. To support school's modified return-to-school plan, they are providing a full-day option with our Alpha Academy program. To discover more information about AlphaBest, go to their website at https://www.alphabest.org/poudreco/

Lunch and Breakfast at CLPE







We offer student lunch and breakfast for take out each day between 11:00am and 1:00pm.



September Breakfast Menu

September 2020

Cache La Poudre Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Breakfast Round Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	WGR Pumpkin Bread or Seasonal Loaf Bread Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	Assorted Cereal Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	Yogurt WGR Grahamz Crackers Fresh Melons, or Substitute Lowfat Milk Apple Juice, or Variety
Labor Day	WGR Pumpkin Bread or Seasonal Loaf Bread Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	Assorted Cereal Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	Breakfast Round Fresh Berries, or Substitute Lowfat Milk Apple Juice, or Variety	Yogurt WGR Grahamz Crackers Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety
Assorted Muffins Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	Breakfast Round Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	WGR Pumpkin Bread or Seasonal Loaf Bread Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	Assorted Cereal Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	Yogurt WGR Grahamz Crackers Fresh Melons, or Substitute Lowfat Milk Apple Juice, or Variety
Assorted Muffins Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	WGR Pumpkin Bread or Seasonal Loaf Bread Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	Assorted Cereal Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	Breakfast Round Fresh Berries, or Substitute Lowfat Milk Apple Juice, or Variety	Yogurt WGR Grahamz Crackers Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety
Assorted Muffins Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety	Breakfast Round Applesauce or Fruit Cup or Substitute Lowfat Milk Apple Juice, or Variety	WGR Pumpkin Bread or Seasonal Loaf Bread Whole Fruit, or Substitute Lowfat Milk Apple Juice, or Variety		

September Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cheese Ravioli & Goldfish Crackers Ham & Cheese Sandwich Uncrustable PB&J, or Substitute Applesauce & Fruit Cup or Substitute Carrots & Cucumbers Slices, or Substitute Chocolate Milk	Bacon Mac & Cheese Pb&J Sandwich Cold Deli Yogurt & Seasonal Bread Fresh Melons, or Substitute Fresh Broccoli, or Substitute Chocolate Milk	Beef & Bean Burrito Ham & Cheese Sandwich Pb&J Sandwich Fresh Peaches, or Substitute Cherry Tomatoes & Celery	Pepperoni Pizza Cold Deli Yogurt with Goldfish
Labor Day	Chicken Patty Sandwich Yogurt Parfait Pb&J Sandwich Fresh Berries, or Substitute Snap Peas & Red Bell Peppers, or Substitute Chocolate Milk	Honey Sriracha Boneless Wings & Goldfish Turkey & Cheese Sandwich Pb&J Sandwich Fresh Peaches, or Substitute Cherry Tomatoes & Celery Sticks or Substitute Chocolate Milk	Cheeseburger Cold Deli Yogurt with Goldfish Pb&J Sandwich Grapes Fresh Broccoli, or Substitute Chocolate Milk	Cheese Pizza Chef Salad Pb&J Sandwich Whole Fruit, or Substitute Salad with dressing Chocolate Milk
Cheese Ravioli & Goldfish Crackers Ham & Cheese Sandwich Pb&J Sandwich Grapes Snap Peas & Red Bell Peppers, or Substitute Chocolate Milk	Spicy Chicken Sandwich Pb&J Sandwich Yogurt Parfait Applesauce & Fruit Cup or Substitute Carrots & Celery Sticks, or Substitute Chocolate Milk	Beef & Bean Burrito Ham & Cheese Sandwich Pb&J Sandwich Fresh Pineapple, or Substitute Fresh Broccoli, or Substitute Chocolate Milk	Bacon Mac & Cheese Cold Deli Yogurt & Seasonal Bread Pb&J Sandwich Fresh Peaches, or Substitute Cherry Tomatoes & Cucumber Slices or Substitute Chocolate Milk	• Pb&J Sandwich
Chicken Patty Sandwich Yogurt Parfait Pb&J Sandwich Fresh Berries, or Substitute Carrots & Celery Sticks, or Substitute Chocolate Milk	Cheese Calzone & Marinara Turkey & Cheese Sandwich Pb&J Sandwich Fresh Pineapple, or Substitute Snap Peas & Red Bell Peppers, or Substitute Chocolate Milk	Cheeseburger Cold Deli Yogurt with Goldfish Pb&J Sandwich Fresh Peaches, or Substitute Cherry Tomatoes & Cucumber Slices or Substitute Chocolate Milk	Chicken Strips & Goldfish Turkey & Cheese Sandwich Pb&J Sandwich Fresh Melons, or Substitute Fresh Broccoli, or Substitute Chocolate Milk	Cheese Pizza Chef Salad Pb&J Sandwich Whole Fruit, or Substitute Salad with dressing Chocolate Milk
Spicy Chicken Sandwich Yogurt Parfait Pb&J Sandwich Grapes Snap Peas & Red Bell Peppers, or Substitute Chocolate Milk	Cheese Ravioli & Goldfish Crackers Ham & Cheese Sandwich Pb&J Sandwich Applesauce & Fruit Cup or Substitute Carrots & Cucumbers Slices, or Substitute Chocolate Milk	Bacon Mac & Cheese Cold Deli Yogurt & Seasonal Bread Pb&J Sandwich Fresh Melons, or Substitute Fresh Broccoli, or Substitute Chocolate Milk		

PARENT CAFÉ

FALL 2020

JOIN OTHER PARENTS, SHARE STORIES, BUILD A SUPPORT NETWORK, & GROW FRIENDSHIPS

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families **PROTECTIVE FACTORS** that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

FOR DATES & TIMES REFER TO BACK

FOR MORE INFO OR TO REGISTER CONTACT ALISON KAMER

970.290.0999 | alison@thematthewshouse.org

OR REGISTER AT

http://tinyurl.com/Parent-Cafes-TMH

ATTENDING GIVES YOU A CHANCE TO WIN A \$50 GIFT CARD

FREE to attend

FREE Children Activities & food for in-person cafés

THE MATTHEWS HOUSE

Growing Stronger Together



PAGE 13

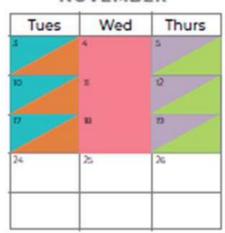
SEPTEMBER

Tues Wed Thurs 1 2 3 10 10 10 21 20 20 20 20

OCTOBER



NOVEMBER



WE HAVE A VARIETY OF CAFÉS FOR VARIOUS SCHEDULES & SPECIFIC NEEDS:

Zoom Meeting links will be emailed to those who register for virtual cafés. IT support will be available.

Spanish Café - Tues. 12:00-2:00

All Virtual

Kin and Foster Family Café - Tues. 6:00-8:00

Fort Collins

Orchard Café (residents only) - Wed. 6:00-8:00

Loveland

2 Gen Café (Youth 11-17 + Parent Café) - Thurs. 6:00-8:00

Fort Collins

Strong Families Café - Thurs. 8:00-9:00

All Virtual

SPACE IS LIMITED, REGISTER BEFORE ATTENDING!

CONTACT ALISON KAMER

970.290.0999 | alison@thematthewshouse.org

OR REGISTER AT

http://tinyurl.com/Parent-Cafes-TMH

All cafés will abide by the COVID-19 recommendations. Please make sure to wear a mask if you are over 5 years of age.

STEM-X's Fall 2020



LEARNING TOGETHER WORKSHOPS

FOR STUDENTS ALONG WITH AN ATTENDING ADULT.

GRADES 7-12

SolidWorks Design..... 10/17
The American Rocketry Challenge..... 10/24

GRADES 5-8

Chemistry of Cakes..... 10/24/20 Rocketry..... 11/7/20 Flight Simulator..... 11/21/20

GRADES 3-5

Sew Scrappy..... 12/12/20 Science of Slime..... 11/7/20

CHECK THE STEM-X WEBSITE FOR WORKSHOP DESCRIPTIONS AND REDISTRATION INFORMATION!

WWW.STEM-X.ORG





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